

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of God,
To whose temple the Moon goes every month
And brings the message out every full Moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The Moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. The time of the full Moon is especially conducive for higher alignment, if we are poised enough. The alignment of the Sun, Moon and Earth in the sky helps us to experience the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full Moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put the teachings into practical life.

VISTAS OF WISDOM 106: SYMBOLISM 6 - PYRAMID AND DOUBLE PYRAMID

Knowledge as Basis

The seers of ancient times realised that our body is a reflection of the cosmos and that everything in the cosmos also exists in the human being. Through their observations and research, the seers gained a deep knowledge of both the cosmos and the human being, and conceived ways to relate themselves to the macrocosm. They taught people to live in harmony with themselves and in accordance with the larger system. Thus, in different parts of the world, in order to bring greater harmony to the earth, rituals were performed imitating the rhythms of the planets.

The seers could perceive energy points in nature. They discovered that very symmetrically shaped mountain peaks, for example pyramid-like or conical mountains, were particularly good at bringing energies down to the earth. They related to such mountains and guided people there. Mount Kailash in Tibet is very high and surmounts the other mountains around it. It has a pyramid shape and the energies it brings down are also very high. No mountain equals it in this respect, which is why Mt. Kailash is particularly respected and revered by so many people.

Knowing the relationship with the cosmos and in consonance with the energy system that surrounds our planet, certain structures such as pyramids or temples were also erected in both the East and the West. It was not faith but deep understanding of the relationship between the heavens and the earth, that was the original basis for constructing these buildings. There is an ocean of knowledge embedded in them which indicates how profound the knowledge was then about time and the cosmos. The measures and arrangement of the pyramids reveal the fact that their builders were great mathematicians who applied their knowledge of numbers and geometry in a most advanced way.

The pyramids in Central America demonstrate highly developed astronomical knowledge. Their arrangements represent the rotation of the earth, the number of days in a solar year and the speed at which the various planets orbit the Sun. There was a known science relating to the equinoxes and solstices, the positions of which were marked when the pyramids were built. The pyramids were a tool to connect the humans with the cosmos and the solar system through the Sun, which is an image of God.

Death and Rebirth

In Mayan culture, in addition to the solar year, the Venus year was also known and respected. The ritualists used the Venus year to reveal the secrets of death. In Mexico, there is a ruined city called Uxmal, a once large and important city overlooked by the Pyramid of the Magician (Piramide del Mago). Uxmal means "thrice-born". To be born three times, one must die three times and be reborn three times. Three births or rebirths mean three initiations.

It is a fact that in ancient Egypt pyramids were constructed as tombs of the pharaohs, but in actuality the pyramids were more than tombs. It is said that in Egypt people walked around the pyramids and created rituals to represent both the movement of the planets around the Sun as well as the path of death and rebirth, all of which were seen as cyclical. The return of the same soul to earth was performed as a pageant. Part of this ceremony was performed during burial because death was seen as a transitory stage, necessarily followed by entry into a new body. The entrance leading into the pyramid was probably seen symbolically as such a passage.

Today, we mostly speak of the pyramids in Egypt and America. But pyramids existed everywhere where knowledge of the Sun and the solar year was known. In

Europe, too, there are pyramids whose existence are hardly known. The splendour and glory of life developed around the pyramids. But all this was destroyed and wiped away by certain emotional conditions, beliefs and activities that developed as man moved away from Sun worship. Many of the secrets of the Sun temples and pyramids were lost to lesser forms of worship. In the Kali Age, knowledge is at its lowest level. Hardly anyone relates to the twelve different energies that the Sun brings in during the year. Simultaneously hardly anyone establishes a relationship with the Moon, the 16 Moon phases or the 27 houses of the Moon. Building a church, temple, mosque or synagogue without these cosmic relations is an ignorant and unenlightened activity.

Pyramids of Light

The wisdom of the East and the wisdom of the West are one and the same. But in the East, the pyramids were not manifested into the physical. They live mainly in the imagination and they are built on the mental and *Buddhic* planes. These pyramids are still active today, both in individuals and in groups. In Egypt and in Central America, the pyramids are visible as buildings, but the rituals associated with them have been lost. In the East, the ritual of building the pyramid is performed every day at the *Buddhic* level. Thus, the pyramid is present, even if the materialised pyramid is missing. In the East, people always thought that bringing something down to form crystallises activity and limits us. In the West, people always wanted to bring everything down to earth. The East always thought highly of lifting up from matter to light.

Statistical information about pyramids say little about their significance. We should be more concerned with their true purpose and use of pyramids. By experimenting and gaining experience with them, we can advance to the true application of the pyramids. We will receive the corresponding benefit whether we build a material pyramid or a pyramid of light. Master EK explains, "It is only the shape that has the power. Even if we form the shape by ropes or if we just make a tent in the shape of a pyramid, it gives the same effect as building a pyramid."

There are groups today who build pyramid-like huts, using them for meditation. But a pyramid that we build with thought matter around us has a much stronger effect than a pyramid of dense matter that we go into. The pyramid of thought matter is more magnetic and more electrically charged. Pyramids that are built every day with the help of the imagination and the energies of the Sun are much more effective. They are subtle and last forever.

Experiments show that if we place something in the geometric centre of the pyramid for a certain time, it becomes magnetised and gives it strength and health. With humans it is best that we stand with our heads under the top of the pyramid, especially when visualising, because

the top is important for the head. The force goes along the vertical line. In this line the force is stronger than in other places of the pyramid and at the top it is strongest. If we mentally build a pyramid every day and meditate in its geometric centre, our energy becomes orderly, magnetic and radiant.

Building the Double Pyramid

To set this process in motion, the knowers in the East, for thousands of years, have been performing a very beautiful ritual every morning as part of their morning prayer.

The method is very simple: we first face the east, either standing or sitting. We imagine that from our heart centre there is a ray of light shining towards the east. Then we say: "I bow down to the east and the angel of the east". Through the angel of the east, the light of the east comes back to us in the heart centre. If we are standing, we can then turn to the south. If sitting, we imagine that we are turning south. We imagine a ray of light coming from the heart centre flowing south and we say, "I bow to the south and the angel of the south". The energies flow from us to the south and then the energies of the south join us in the heart centre. We now turn to the west and the energies from our heart flow to the west. We bow to the west and the Angel of the west and then receive the energies from the west. In the same way we turn to the north. The light from our heart flows to the north, we bow to the north and the angel of the north, and the energies of the north will then connect with us in the heart.

Now we connect all four directions, forming a square of light rays around us. We stand in the centre of the square of light and imagine that we are moving vertically upwards and we connect all four directions with the point of light at the top. We bow down to above and the angel above and imagine the energies from above descending into us. We now have a pyramid dome of light up to our heart centre.

We now imagine our energies moving downwards and we connect all four sides around us to the point below our feet. So, we form a double pyramid: one pyramid goes up, one goes down and our heart centre is in the middle.

The knowers say that if we regularly perform this ritual of building the double pyramid, we are protected all around from attacks by undesired forces. This protection can also prevent illness. In the event of an accident, the accident has no effect on us. Even in the midst of a crisis, we remain unaffected by it. Wherever we go, we move with this protective energy shield of the double pyramid.

Sources used: K.P. Kumar: The Sun - That I Am. Div. seminar notes / E. Krishnamacharya: Book of Rituals. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)



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