

***May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be enlightened.***

***May we float in Love and  
Share such Love and Compassion  
With the fellow beings to be fulfilled.***

***May we tune up to the Will and  
Thereby alert our wills to gaze the Plan  
And cause the work of Goodwill.***

***May the Light, Love and Will  
Synthesize our lives into the One Life.***

**Dr. K. Parvathi Kumar**

*Culture demands a delicate handling of everything in creation. Though man is intellectually advancing, there is a very perceptible fall in his delicacy in handling life: Economic considerations decide the trend, power and money manipulate morality and values.*

*We have to know how things are on the planet and put up a dam against material aggression and unethical actions with thoughts and deeds of good will. Especially through groups the collective power of the soul can express itself in social life and thus fight the global crisis of character. On the basis of the teachings of the Eternal Wisdom, "Good Will in Action" wants to give encouragement for this.*

## **DYING AND DEATHLESSNESS**

### ***The Illusion of Death***

When we look into a mirror, we see there our face or our body. If someone throws a stone into the mirror, the image is destroyed, but we ourselves not. Even if the mirror of our soul, our body, is destroyed, we don't die with it, but continue to live. The soul in its triple aspect - Will, Love and intelligent Activity - cannot be destroyed. The more we become aware that we are souls and work through the body, we experience the body and its changes as observing witnesses. We remain established in us and experience the continuity of consciousness. The body belongs to the things which have come to pass: It was born, it has grown and perhaps also put on weight. Even if we struggle to keep it, it will nevertheless drop off from us and disperse its elements. There is no soul living in the grave, it is only a souvenir of a person.

Today it is time for people getting the knowledge that they don't die, even if they don't have this body. It is as if you exchange an old car for a new one. We get out of a car, when we have reached the goal. When our work is done, we can leave the body without being afraid. Every night we leave the body, and every morning we return again back into it. In dreaming we experience that we move out of the body and go through different things. When we meditate and are in an advanced state, we aren't either located in our body. Daily we have to practise

to detach from our bodies, our emotional and mental bonds and see us as if from the outside. Thus we slowly can overcome the illusion of death.

To assimilate this truth ourselves and to transmit it to others is one of the greatest services, since the fear of death is narrowing down humanity very strongly. Many masters of wisdom work on impressing humanity with the truth of immortality. "Those who don't want to die should contact me", Master CVV even advertised in a big Indian newspaper at the beginning of the last century. The thought behind this is that you realize in yourself that death is a myth. Today already many people all over the world are convinced of the doctrine of reincarnation. In the decennies to come the truth of deathlessness and of the continuity of life will quickly expand, since mankind develops the ability to experience the etheric existence. When we stabilize ourselves in the etheric form, it doesn't matter for us if the span of life of our body runs out and it dies. If however we cling to the mirror image, this gives us pain.

It is a good preparation for the transition to try to fall asleep consciously thereby keeping the awareness in the head and imagining the contours of light, which surround our bodies. And when we awaken from sleep, we should represent the state which lies exactly at the threshold between sleep and wakefulness. We awaken as THAT and are again localized. Then we put on the envelopment of thoughts

and also the body of the five elements; actually it is again with us at once. During sleep we don't register the body; so we don't have to be afraid if we don't feel the body. This exercise helps us to assimilate the knowledge of the transitions of death and of birth in a practical way.

### Helping During Dying

It is a difficult work to transmit the knowledge of deathlessness to people who approach death without a preparation. In the late hours of their life they cannot realize it well any more. However we can work inwardly with people without speaking about it or while having a pleasant conversation. If they don't feel well, we can invoke a lot of blue colour, fill the room of the person with this blue and transmit it into his ajna (forehead) centre. To utter the mantram Om Namo Narayanaya silently or vocally supports the visualisation of the blue colour. It is important to see the person as much as a soul as we are ourselves and not to feel the mundane relation with him. We consciously form a triangle between ourselves, the patient and the form of God or the Master whom we worship at the top. This triangle work also lets energies from higher centres flow to the patient and supplements our efforts. As far as possible there shouldn't be anything negative around the patient, for example people weeping, since this disturbs the energy field. When silence and understanding prevail in the sickroom, the departing soul can hold its instrument with clarity to the last minute and make appropriate preparations. The best situation is if you can depart consciously. With a dying person the energies from all parts of the body normally gather in the heart centre to escape later through a body aperture. We can guide the soul by suggesting to align upwards and to go to the higher centres, to the throat centre, the eye brow centre or still higher, so that the being can leave through one of the seven apertures in the face. If the person in the process of dying doesn't find the exit, it is as if a house is burning and you don't find an exit. Our assistance helps him for a more comfortable departure, even if he doesn't know it in his conscious mind. We can ask him also if he still has unfulfilled tasks, and see that these get settled. Otherwise the man will fight in some way to stay in the body, so that he can settle these tasks.

We can support the departure by inwardly proposing him to leave the body. However we don't have the right to help him along with injections etc. During the time of departing you should maintain complete silence, and the name of God should be invoked in some language by speaking it into the right ear of the dying person. While a healthy man should sleep with his head pointing towards east or south, as soon as the person is dead, the corpse is placed with the head towards the north: The earth's magnetic current should work through the body, and the local magnetism working should be merged into the total magnetism of the earth.

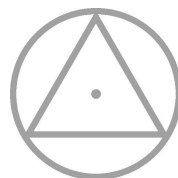
### After the Transition

When the thread of life is cut and man has left the body, he mostly is still around. We should give a strong suggestion for a period of ten days that his house is burnt or ruined. The detachment is faster when the body gets burnt instead of being buried. Of course this subject requires that you believe in the subtle existence. On the subtle planes there are intelligences caring for the people and giving them the necessary direction for further incarnations. After the departure it is recommended to clean the things in the house where the man disincarnated with water and also to light candles and incense. Burning of camphor also helps to clean the atmosphere.

Our supporting assistance should end at the tenth day after the departure. We shouldn't follow the person any more, since this might bring us into contact with already departed souls and cause illusions. We could get dreams and our meditations and prayers would be disturbed. In conclusion we can consciously terminate the relation by connecting with the Cosmic Person with a prayer during the following three days and utter holy sounds like OM or Gayatri.

When we know that we won't die, we have no fear of death any more. This allows us an easy departure and we also can help others to prepare themselves well.

*Sources used: K.P. Kumar: Seminar notes - E. Krishnamacharya: The Book of Rituals. The World Teacher Trust The World Teacher Trust / Dhanishta, Visakhapatnam, India (German website: [www.kulapati.de](http://www.kulapati.de))*



**Good Will is Love in Action**

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