

Tuning into Autumn Equinox Celebration 2023

Ludger Philips

We are approaching the point of Libra Equinox. It is Autumn Equinox in the Northern hemisphere and Spring Equinox in the Southern hemisphere. The term 'Libra' also means the balance.

Between the Northern and the Southern hemisphere, there is a sphere of balance; we call it the equator.¹ At Libra equinox, the Sun crosses the point of balance on its journey to the South, while at Aries equinox, the Sun transits the equator on its northward journey.

The divisions of Northern and Southern hemispheres and of equator exist as realities for us who are living on the planet Earth. They do not exist outside the sphere of the Earth.

Although we might not be aware of the gradual and rhythmic movements of the seeming journeys of the Sun, they deeply impregnate our living conditions. We experience them in form of the changes of the seasons of the year or of the weather.² The solstices and the equinoxes are cardinal points of the year. They are of great importance, because these moments in time are portals of initiation. If we align to the energies and perceive the qualities they offer, this will help us in our spiritual evolution.

Daily, we experience that the Earth is rotating through the rhythm of sunrise and sunset, midday, and midnight. We carry in ourselves the correspondence to the axis of rotation of the globe. It is our vertebral column.

Like all life on Earth is in continuous rotation around the axis of the Earth, our spine is the centre, around which our life rotates. At the centre of this axis, there is an energy channel, on the globe as well as in ourselves. We call it the Kundalini. We find it inside the spine and inside humanity, and inside the globe.³

The centre of the spine is the seat of I AM. We can tune into this central column of consciousness and identify with this centre in each human being and further align with the energy in the axis of the Earth. The CVV sharing prayer given by Master Kumar helps in this alignment, and the alignment helps to lift up the consciousness of the Earth.

While the Earth is moving around the Sun, the daylight is increasing for 6 months and then it is decreasing for 6 months. The axis of the Earth has a tilt, and this tilt makes us experience the seeming movement of the Sun to the North, up to the tropic of Cancer, and back again to the South, up to the tropic of Capricorn.

Two times a year, during the equinoxes, day and night are equal in length. The equinoxes are a moment of balance in nature. And they are of great spiritual importance because they help us to find balance in ourselves and experience equipoise, the state of Yoga. Master CVV calls it "Equator Equal".

The balance of spring equinox at the beginning of Aries has a different energy than the balance of autumn equinox at the beginning of Libra. The first is the mid-point of the inhalation of the year. The latter is the mid-point of the exhalation. Observing these movements is like observing our respiration, only in a larger dimension. Therefore, tuning into the equinoxes strengthens equipoise and harmony. We come to greater agreement with ourselves and with the surroundings.⁴

In our body, Aries is located at the upper part of the head, while Libra is around the navel, the area of the solar plexus. The solar plexus is the sphere of emotions and desires. If we let ourselves be guided by

¹ Show image: 1_sun_cuts_the_equator_of_mother_earth

² Show image: 2_the_cardinal_cross

³ Show image: 3_the_central_vertical_vibration

⁴ Show image 4_libra_the_fulcrum_principle_of_the_universe

likes and dislikes, we lose our equipoise. Our balance gets a tilt. And if we fall out of balance, we get lost in matter. It is the symbolic "fall into the illusions" of material life.

From a spiritual viewpoint, Libra is called the midnight point of the year, where the light of consciousness is at its bottom level. It is considered to be the time where spirit descends into densest matter. In the Vedic symbolism, this is depicted as Durga, the impermeable Mother sitting on a tiger. She alone can bridle and tame the wild energies of matter, and we might ask for the grace of her help.

Objectivity is horizontal life, subjectivity is vertical life. Venus, the ruler of Libra, helps us to find balance and to rise from the mundane identity to the awareness of being the soul and finally the super-soul.

On the path of discipleship, we are striving to ascend again to the light. This ascent is called the reversal of the wheel and the path to the Light. It is the path back to the top, from Libra to Aries.

When we have completed the upward journey, we will be reunited with our higher pole, the God centre in us. In the zodiac, Libra together with parts of Virgo and Scorpio, will disappear and the zodiac of 12 signs will become the more perfect zodiac of 10 signs.

Thank you very much.

Images

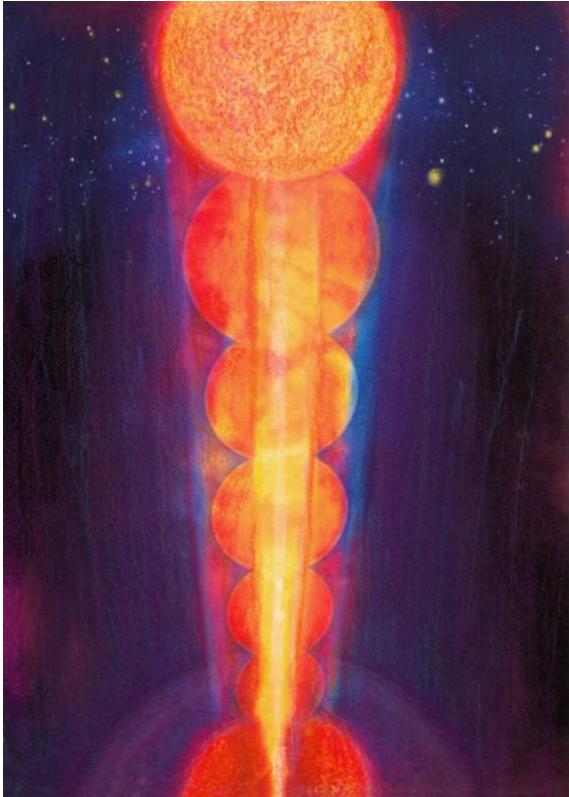
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