

The Vaisakh Festival



FULL MOON MEDITATION

Meditations during the full moon hours do much good to the mind, senses and the body - in the sense that alignment can be easily worked out in between these three implements by the Soul through the co-operative and magnetic energies of the time. Those who are inclined to such meditation are strongly recommended to remain with light food and to abstain from too much objective activity from the day before the full moon. The ones whose body, mind and senses are aligned through purity in thought, speech and action will experience the energies of the full moon and gain a scope to experience the Grand annual meeting of the initiates held at Vaisakha Valley through the etheric permeation (travel).

VAISAKH FULL MOON

During the full moon hours of Taurus, when the moon is in the constellation of Vaisakha, all the Masters of Wisdom and their accepted disciples gather in the Central Himalayan Range in a valley called the „Vaisakha Valley“. It is akin to the annual general body meeting, wherein the plan for the year is conceived (but not discussed as there is no such scope or necessity) by the responsible Elder Brothers of humanity. And through Gemini Full Moon they in turn transmit it

1. to the thinkers and leaders of the human society
2. to the animal kingdom
3. to the plant kingdom and
4. to the mineral kingdom.

The four kingdoms represent the fourfold existence of the planetary beings. Such a system or organised functioning is in existence from times immemorial which gradually came to be known as Maha Vaisakha and later as Buddha Poornima. It is a very interesting coincidence that Visakhapatnam, where the W.T.T. was founded and has its international centre, also carries the same sound syllables and that there is a Visakha-Esvara Temple in the sea waters on the coast of the town. Those who are intuitional can work out the correspondence according to the purity of thought they hold.

FOURFOLD EXISTENCE

Sanat Kumara the Planetary Logos, gives the annual impulse to the beings on this Earth on the full moon day of Vaisakha. Sanaka, Sanandana, Sanatana and Sanat Kumara are the names conceived for the Lord in the supracosmic, cosmic, solar and planetary planes, called the four Kumaras. Existence, awareness of existence, thoughtful existence and objective existence are symbolised by the four names, popularly known as the four Kumaras. In the astrological system these four are explained as the fixed cross of Taurus, Leo, Scorpio and Aquarius. In the Christian Theology the same fourfold existence is explained in the Book of Revelations by John. The scientific terms used today are atomic consciousness, self-consciousness, group consciousness and universal consciousness.

THE PLANETARY PLAN

The Vaisakha Festival is carried out at the planetary plane by the Planetary Logos and the enlightened beings of the earth during the full moon hours of Vaisakha. On this day the Planetary Consciousness gives an impulse of the planetary beings who are within its gravitational system. The impulse is given as per the planetary plan and is conceived by the Enlightened Ones on the planet, whom we popularly call the Masters of Wisdom. Intuitively conceiving the plan of the year the Wise Ones gradually radiate the same into their disciples who in turn transmit the same to the foremost thinkers / leaders of humanity. The leaders guide the plan into the daily activity within the constraints.

Thus once again the working out of the planetary annual plan is done through a four-tier system namely:

1. The Planetary Logos, Sanat Kumara;
2. The Masters of Wisdom, the head of whom is recognised as Lord Maitreya by the Hindus, Lord Maitreyee Buddha by the Buddhists and as Lord Christ by the Christians;
3. The disciples of these Masters of Wisdom, and
4. Their disciples who are objectively known as the leaders of human society.

BUDDHA POORNIMA

Gautama the Buddha acts as the link between the Planetary Logos Sanat Kumara and the Masters of Wisdom. Hence the Vaisakha Full Moon gradually came to be recognised as Buddha Poornima. It is very much similar to the corporate organisation with its four-tier function of

1. The Directors;
2. The Executives
3. The Supervisions and
4. The Workers.

SHAMBALLA

The impulse comes from the centre called Shamballa, located on the northern side of the sacred Himalayan range, which is said to be the abode of the Planetary Logos. It is very interesting to note that the Bhagavata Purana speaks of the village Shamballa as the place from which the 10th Avatar Kalki will descend. The impulse is conceived in the central Himalayan range which is the headquarters of the Masters, know by the name Kalapa (which is also referred to in the Bhagavata Purana). There are six other centres of the Masters upon the planet namely Geneva, London, New York, Tokyo, Darjeeling and a place in Africa. It is believed that these centres are the present day ashrams of the Masters of Wisdom. The destiny of the planetary beings is guided with responsibility from these centres.



From : Occult Meditation, par Sri K.Parvathi Kumar

*Wash Karma in space.
On the deep blue slate paint ever-elevating colours,
ever at the feet of the Master
in the Vaisakha valley.*

Commentary:

Space, which is unfathomable, appears to the naked eye as blue. A student of discipleship needs to daily wash his *Karma* in the blue. He needs to contemplate upon the blue and invoke much blue into his being. Blue is white in deep. The depth of blue is unfathomable through meditation, through chanting of OM, of Gayatri or through contemplation upon the clear sky blue. The student needs to enter into and stay stable in that blue. As he concludes the meditation, he would have filled his mind, senses, and even the tissues of the body with the blue. This would enable a wash for the day, for the mind.

If not, the mind brings in its natural stuff, which is like compost that smells. Man's mind regularly recollects things, events, places and people that are unpleasant. It brings in instantly jealousy, pride, fear, suspicion, hatred and causes irritation and unrest. To resist this mind stuff and to seal it, one needs to strengthen the mind through invocation of the blue light. One cannot straight away lead oneself up to the blue. There is a colour elevator that one can resort to. That elevator is from violet to rose, to orange, to golden yellow, to honey yellow, to aquamarine, to light blue, to blue and to deep blue. Colour is but detail of light. Contemplation upon the elevating colours cleanses the mind of its stuff. Varieties of *Mantras* are

used for varieties of colour manifestations (refer to the book of this author *Mantrams, Their Significance and Practice*).

Once the blue is well settled in the mind, the *buddhic* experience keeps happening in terms of light and sound, which elevate the student to the states of joyfulness. They also inspire him to carry out the acts of goodwill, which would lead him in the *buddhic* plane to the feet of his Master who resides in *Vaisakha* valley.

Vaisakha valley is a hidden valley with sublime energies where the Masters of wisdom keep meeting once in a year. The student also gets the opportunity to meet the Master in that valley. A specific process is suggested hereunder to be at the feet of the Master at *Vaisakha* valley:

1. Sit quietly in mind and in body, in a silent place.
2. Align the mind with the blue and visualise the blue all around.
3. Visualise your Master in brilliant white in a seated posture. His right hand blessing you, his eyes transmitting grace. His countenance carrying half closed eyes and subtle smile on the lips.
4. Visualise that you are at the feet of the Master. Visualise that the Master is four times bigger in the size and you are one fourth in Him.
5. Visualise that you are in a sacred valley of a sacred mountain range with snowy peaks and flowing river from south to east and to north.
6. Visualise moon light in the valley.

Finally visualise utter silence with the flowing wind gently caressing you.

