

# Symphony

Leo  
Full Moon 2010



*Each month we present a short text by Daniel Levy, a world-renowned classical pianist and the Co-Founder and Director of the International Academy of Euphony.*

*He is giving expression to a synthesis of modern and traditional Wisdom of Sound and Music and its therapeutic, cathartic, educational, psychological and aesthetic effects on the human being.*

*"Music and the Arts are defined as realities that penetrate the spiritual and physical levels and as instruments of knowledge and transformation for an enriching human coexistence."*

## 1/12 Experience

Nothing can replace the perfume of experience, just as nothing can be achieved by postponing the appointment made with ourselves. The world shows itself to be full of meaning when our anxieties, difficulties, complexes and frustrations emerge from the abysses of our seas, to be faced without hesitation and melted with balance. In reality, we are the ones to take possession of ourselves and discover a central axis that behaves like a string. It is enough for it to assume its right and conscious position so that every experience/sound can evoke some distant memories, from all of the sounds produced and lived, up to those that lie in sleep, waiting for the musician that is within us.

With an active and energetic calm, the string finds its harmonic alignment again, which excessively exterior habits had obscured. The inside and the outside are no longer separated. The space is transfused through the subtle membrane of the personality.

The Music of the experience becomes audible, the only thing incapable of deceit.

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