

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every Full-Moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experience the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

VISTAS OF WISDOM 7: THE KUMARAS 2 - SANAT KUMARA

The Accomplished Beings

The Puranic wisdom teachings explain that in primeval times our planet was a half globe and had only one pole. It was an etheric formation with the North Pole oriented to the Sun as its centre. The South Pole was not yet formed, nor the dense physical form. Later the Earth solidified. The shape of a 'dish-form' became a globe; the South Pole was formed, and the then existing North Pole was rotated 90 degrees. The area of the world which formed the North Pole at that time and was directed to the Sun is now the Himalayas. The present North Pole now points to the polar star.

The humanity of the first two races still lived "in paradise"; their forms were made by ether. They didn't yet have a mind, but existed in the subtle spheres in a dream-like state. There were only 10 signs of the zodiac. The part from Virgo to Scorpio made just one sign. Libra, symbol of the dense physical manifestation, didn't yet exist. With the third race the humanity began to incarnate into physical bodies, and Libra appeared. In the middle of the third race the sexes got separated.

At that time a group of sublime beings of will and of fire called *Siddhas* came from Venus to Earth to help her and her beings with their evolution. They were led by *Sanat Kumara* who descended via Venus. Venus is said to be the elder sister of Earth. She is the etheric, higher counterpart of our planet. Later some of these beings left Earth again and returned to Venus. However, some remained here, among them *Sanat Kumara*. Today there are only 24 *Siddhas* on the planet. *Siddhas* means the Accomplished Ones; they are beings with perfect etheric bodies.

Indeed from time to time intelligences from Venus come to our planet to give the needed inspiration. Master EK used to wake up people sometimes during the midnight hours and ask them to join him in meditation. The meditation used to be of 2 to 3 hours duration, in utter silence. The next day morning when inquired, he told his co-workers: "Certain great beings are descending on to the planet via the moon-rays. They are Venusian beings. They are coming to assist the Divine Plan and help lift up this humanity. The Hierarchy is receiving them with utmost veneration. I chose to wake you up for I do not want you to sleep during such sublime times".

The Planetary Logos

Sanat Kumara is considered as the highest being of this Earth and as the Ancient-Most; therefore he is also called the Lord or our planet. He is also called the "Silent Observer" and the "King of the World". *Sanat Kumara* is the archetype, an image of the Heavenly Man on Earth. In the Bible he is called "The Ancient of Days". The "Ancient One" is a direct reflection of the Planetary Logos of our Earth. This great being uses *Sanat Kumara* as the soul uses the personality: He incarnates in the form of *Sanat Kumara*. Thus *Sanat Kumara* is the coherent force who lives, breathes and functions through all the evolutions on this planet. He is holding all within His aura or magnetic sphere of influence, so that it constitutes one coherent, energized and functioning whole. In HIM we live and move and have our being, and none of us can pass beyond the radius of HIS aura.

Sanat Kumara has left the glory of the most high place for the sake of the evolving sons of men. It is an act of compassion for the human beings who don't know how to live, how to realize themselves and how to ascend to the divine circles. *Sanat Kumara* and his team of collaborators show the way. He is regarded as the highest Teacher who keeps the door to the higher worlds open. These beings stand at the door, but they have refused to walk through, to also help the other beings to reach this point. Thus *Sanat Kumara* is the One Initiator, the Hierophant of our Rites.

Shamballa and Chintamani

His descent is considered to be a great sacrifice which he has done out of his love of God, without personal purpose. He is so pure and sublime that he cannot descend to the dense physical plane, but stays in the second ether which surrounds the earth. He lives at a place in the etheric plane which is in Mongolia, near the desert Gobi and which is called *Shamballa*. *Shamballa* is invisible for the normal eyes, but visible for people who have gained the etheric vision. From there he presides over the White Lodge of Masters and holds in his hands the reigns of the inner government. He watches over the evolution of men and Devas on this planet.

Sanat Kumara is the guardian spirit of Chintamani, the philosopher's stone of heavenly origin. We can contemplate on *Sanat Kumara* and the energy of *Shamballa* by closing our eyes, relating to the *Ajna* centre and then thinking of the Gobi desert and of the *ashram* hidden within. Within the *ashram* there is *Sanat Kumara*, and within his forehead there is the beautiful gem of *Chintamani*. Sometimes it is given to Hierarchy, but generally it is within *Shamballa*. It corresponds to the jewel in the thousand petalled lotus of the head centre, "OM MANI PADME HUM". Normally however, this jewel is dormant in man. It says that *Ganga*, the flow of etheric energies, lives in the house of *Chintamani* and descends from the cosmic state to Earth. *Chintamani* is the original state of pure existence on Earth, the radiant jewel of consciousness beyond our head. From there the diamantine consciousness enters into the head, and if we can realise it, we understand the Plan. Later the consciousness becomes more dense and mundane; the pure consciousness gets lost.

Shamballa is the centre of synthesis on the planet; the centre of unity is called the Hierarchy, with the great Masters and adepts. Humanity represents the diversity; it is slowly learning to grow towards unity, towards the soul. The thousand petalled lotus within us is the seat of synthesis. Its Sanskrit name is also the *mantram* of synthesis, *Sahasrara*.

We know the names from books; however, what is important is the practical work with this information, so that it becomes a reality for us. Otherwise we easily get into illusions about contacts with *Sanat Kumara* or other great

beings. If we have contact we won't speak of it. We can contact *Sanat Kumara* when we are living in the *Sahasrara*. It says that when we reach the first sub-plane of the seventh plane, we can touch the feet of the Lord. Otherwise we can only adore and invoke him.

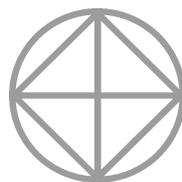
Inner work with Sanat Kumara

Invoking his Presence and visualizing him during new moon days helps to align our personal desires with the divine Plan and to restructure our desire body. The desire is not killed, but realigned through the contact with the higher planes. Thus *Sanat Kumara* dissolves the undesired patterns of our personality. We can visualize that we are entering into *Shamballa*, that we are standing at the entrance of the *Ashram*, waiting for the grace of *Sanat Kumara*. The full moons of Taurus and Gemini are also particularly suited for this visualisation, for during Taurus full moon the Masters of Hierarchy align with *Sanat Kumara* and receive the seed thought for the year. At Gemini full moon the disciples who are aligned with the Masters receive it to get a new inspiration for their work. We also invoke *Sanat Kumara* and the centre of synthesis each time we speak the Great Invocation and say, "From the centre, where the Will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve."

When we speak of *Sanat Kumara*, we also speak of the heart centre, for the heart is the seat of pure love, of *Buddhi*. *Sanat Kumara* forms the *Buddhic* plane and helps us to construct the body of *Buddhi* in us. The *Buddhic* state is full of joy, and *Sanat Kumara* lives on the higher *Buddhic* plane in eternal bliss. Even though he usually lives in utter silence he has conveyed 24 commandments or *Sutras* on the path of discipleship to the emperor *Pruthu* in ancient times. He did it to help us organise our lives and to ascend to the plane of bliss. So *Sanat Kumara* wants to help us with his presence on the planet to reach the goal of our lives and to realise God.

Therefore one of his teachings says: "Attaining the Lord should become the rhythm of daily life - the ritual of life." And he says, "Experience God in every action and interaction. Experience from moment to moment. Miss not even a moment." However, he also takes away the pressure which might arise through our effort: "Do not get worried and do not strain to gather the virtues. Also do not strain to eliminate the vices. It is a path of difficulties. Instead link-up through observation of the Divine in the animate and inanimate forms." And even though we may fail a thousand times, it is the only way to be followed. This way we learn to see the message of the Divine in all happenings.

Sources: K.P. Kumar: *The Teachings of Sanat Kumara / Master EK, The New Age Teacher / notes from seminars. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)*



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