

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every Full-Moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experience the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

VISTAS OF WISDOM 6: THE KUMARAS 1 - THE LORDS OF THE FLAME

The Cosmic Rebels

Since ancient times the sages have advised their students to know themselves and to ask, "Who am I?" Self-observation is possible for us because we are self-conscious beings. We know that we exist and we can reflect on our life. The self-consciousness differentiates us from the animal. Animals are in a dreamlike state. Some animal species that live in closer contact with humans can also develop mind. In minerals, plants and the majority of the animals, however, the mind, called *Manas* in Sanskrit, has not yet awakened. Through the awakening of *Manas*, man has grown from being guided by instinct to an individual. He slowly develops from an individual to a personality and from there to soul consciousness.

The unfoldment of the core of his being happens through the presence of high beings who have given to man the fire of mind. Since eons they are sending their light rays so that the blossom of human awareness unfolds. This blossom is also called the egoic lotus, the lotus of our soul.

There are different legends and allegorical narrations which explain the awakening of the mind. The story of the Fallen Angels contains in its esoteric meaning the key to the secrets of human consciousness in the same way as the eastern allegories of the *Kumaras* or *Agnishvattas*, the Solar Angels. It depends on our subtle understanding how far the teachings disclose themselves to us. Thus, the Greek legend of Prometheus, who brought man the fire from the gods, resembles the story of the awakening of self-consciousness through the *Kumaras* which we want to study here.

There are four *Kumaras* who were born out of the Creator at the beginning of creation. A fifth *Kumara*, *Narada*, later joined them as the teacher of the beings. The *Kumaras* are

called the Sons of Mind, of the creative mind principle. They had been perfect beings already in the previous creation. The *Kumaras* came at the beginning of this creation, not to learn something more, but to help, especially the human beings. They are pure beings who are symbolically represented as five-year-old boys or as eternal youths of 16 years. The *Puranas* describe that *Brahma*, the Creator, asked them to co-create with him. But they refused, for they knew that they had another task. *Brahma* got angry and cursed them to descend to earth. Because of their disobedience they are also called the cosmic rebels.

Their disobedience had a purpose which *Brahma* did not know. They said, "The forms into which we are to move are not yet suited for us." They refused to let their fire flow downwards and to stimulate beings for procreation. Therefore, they are also called *Agnishvattas*, those who have put off the procreative fire. Their flames are always directed upwards, to the origin. Thus, they are also described as innocent youths because impressions do not stick to their virginal pure mind. Though they were perfect beings of the most sublime worlds, they didn't refuse to descend into the dense matter because this is precisely what they wanted.

The Awakening of the Mind

Thus 18 million years ago, these heavenly beings came down to earth, in the second half of the third root race. They wanted to help the human monads to become self-conscious, to develop the mind and thus to slowly ascend. Up to then the human monads were in a half-conscious state. There was no connection between the soul (*Atma-Buddhi*) and the material sheaths. The animal-men didn't yet have self-

consciousness because *Manas*, the mind principle, hadn't yet awakened. A part of the creative hierarchies considered it dangerous to give the power of mind to the human monads; they considered it dangerous, similar to giving a sharp knife to a child. The rebels, however, wanted to enable the animal-men to make experiences and to slowly learn through the self-consciousness. With their light, they awakened the light of I AM in the brain cells of the undeveloped man. Without this impulse of the Lords of the Flame, the animal-men wouldn't have awakened. Thus, we have become what we are through the *Kumaras*; that is self-conscious, thinking humans. Our I AM-consciousness is based on the presence of the Solar Angel, a spark of the light of the gods.

Through the awakening of the *Manas* we have gained the free will which we can use for good or for evil. The *Kumaras* wanted to give us the possibility to consciously develop towards the Light. But only few people followed the path of Light, the majority used the abilities of *Manas* to gain power and to realise worldly goals. In this orientation, there is a key to the origin of evil. Genuine malice, however, is only with a very small number of people; most of whom we consider as evil are only ignorant.

In the Genesis it says that the human beings were tempted by the serpent - a symbol of the Lords of the Flame. They ate the apple of knowledge of good and evil and then saw that they were naked. The shame arose because the monads had descended from their state of awareness and received coats of skin; that is they developed dense physical bodies of flesh and blood. The connection to the spiritual world darkened, and the human beings created consequences through their ignorant actions which created conflicts and suffering and entrapped them into matter. These experiences have made the humans learn and thus have hastened the development tremendously.

The Light of the Presence

The *Kumaras* are on the planet to help us. However, they don't interfere with our lives and also don't tell us what we should or should not do. There is an eternal law according to which a development cannot happen through outer support as long as there is no impulse coming from inside. The *Kumaras* continuously give us the Light of their presence which we experience as the Light of our soul. The Light itself doesn't interfere, but it helps us to see things more clearly. Their presence is magnetising and makes things fall into a higher order. This way the *Kumaras* help us to organise our thought patterns, to manage our life better and to align ourselves more to the Light so that its influence can increase.

The Light of the *Kumaras* is especially available during the time of the dawn, when darkness transforms into light. Once a month, they visit us in a greater measure, during the 24 hours immediately after the new moon point. Then there is also the annual visit during the dawn of the year in the month of Capricorn which is also called the month of the

Kumaras. If we use the dawn to align to the soul, the Solar Angel in us, we can absorb much of the Light of the *Kumaras*.

The Five Kumaras

The *Kumaras* are the leaders of the spiritual Hierarchy on all planes of creation, they are even beyond it. Therefore, they are the most high and most ancient ones in the Hierarchy. The names received for them are *Sanaka*, *Sanandana*, *Sanat Kumara* and *Sanat Sujata*.

The first *Kumara*, *Sanaka*, forms the passage from the supra-cosmic to the cosmic plane. In his transcendent aspect, he is also called *Sanatana*, the pure existence or the eternal Light; in his this-worldly aspect, he is the *Kumara* of the cosmic plane. His seat in us is in the *Sahasrara* centre; he corresponds to the state without awareness in which we are during sleep.

The second *Kumara*, *Sanandana*, corresponds to the solar plane and the pure awareness, *Atma*. His seat in us is in the *Ajna* centre. His name means deep bliss.

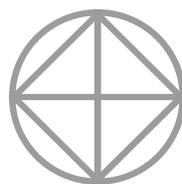
The *Kumara* best known to us is *Sanat Kumara*. He is the Lord or Logos of our planet and corresponds to the Buddhic plane of ideation and of the mind in the heart centre filled with love. He is considered the Teacher of the teachers and the Ruler of all rulers of the planet.

The fourth *Kumara* is *Sanat Sujata*; he corresponds to the higher mind, *Chitta*. He is the lower counterpart of *Sanat Kumara*; in us he rules over the solar plexus and the lower part of the body, and he is active for humanity.

Normally the four *Kumaras* are totally silent, only the third and the fourth one have taught people at special times. *Sanat Kumara* gave the teachings relating to the path of discipleship to the emperor *Pruthu*. 5000 years ago, *Sanat Sujata* collaborated in the preparation of the coming of *Krishna* and imparted the secrets of death and immortality to the Blind King. He said, "Death is only a gap in consciousness." At that time *Sanat Kumara* was born as the son of *Krishna*, as *Pradhymna*.

According to another system, *Sanat Kumara* is the fourth of the *Kumaras* and rules over the plane of action, whereas the third one governs the mind. The fifth *Kumara*, *Narada*, is the highest teacher and the messenger moving with ease through all seven planes of creation. He is the intelligence who enables us to compare things, and therefore he is also called the bringer of conflict. His blessing confers upon us the fiery will of wanting to know. The protection and the fire of the *Kumaras* lead us safely upwards and nothing happens haphazardly.

Sources: K.P. Kumar: *The Teachings of Sanat Kumara / notes from seminars*. E. Krishnamacharya: *Spiritual Psychology*. *The World Teacher Trust - Dhanishta, Visakhapatnam, India* (www.worldteachertrust.org)



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