

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

AQUARIAN WIND 9: EXPANSION

Horizontal and Vertical Expansion

In the rhythms of nature there are times of expansion and of contraction. We find this pulsating activity in all forms of life and with all cycles, the smallest as well as the biggest. During the phase of expansion subtle matter comes forth into the dense material, and during withdrawal the forms re-ascend from the dense to the subtle planes.

The expansion into the outer world is a horizontal movement; at some time it reaches its limits beyond which a further horizontal growth isn't possible: the spread of rats is limited through cats; dogs or humans set boundaries to cats. We humans have expanded our influence all over the planet. Conquerors have occupied countries and claimed them as their property, until others have expelled them again. After territorial conquests there were religious ones and now economic groups conquer the world.

Empires as well as business empires have come and crumbled again. Normally material expansion is connected with aggression; it cannot be kept up permanently. If we want to expand our prosperity, this means that we want to possess more money or land than others. We deprive prosperity from others and make them believe that what we hold belongs to us, and mostly they believe it - even though all belongs only to the One.

Hierarchy is not against prosperity; Master CVV demonstrated a life of fullness which pervaded every aspect, and he expanded his work over the entire planet. The expansion the Hierarchy is trying to establish is the "Kingdom of the Heart", love in action. A yogi tunes up with the hearts of the beings and thus permeates into them. It is living love, not love

as a slogan and much less the imposition of a faith. Imposing and converting are actions of deep ignorance and transient. By conversion people may be gained, but that is passing away. In the West the churches have lost millions of people. Dogmas cannot answer the future of mankind; real expansion leads into the subtle worlds and conveys joy and fullness.

As long as we only expand in the material sphere the objective world limits us and keeps us imprisoned. We lose the way to the inner, choke from the gross physical and suffer. Vertical expansion into the subjective world, however, is unlimited. If you are connected with the subtle world, you experience joy and expanse. Poets, painters and musicians go beyond the dense physical and experience that they are elsewhere. They don't care so much about what they have eaten and where they have slept. Their joy comes from their connection with the subtle world, and they convey it to the people who otherwise are stuck in the dense physical.

Growth through Crises

Outer difficulties and crises create a tension by which the soul can expand. When in the outer everything is comfortable and cosy, we fall asleep. In spiritual astrology squares and oppositions are therefore seen as opportunities for expansion into subjectivity. So we have problems with our children and family, with money and health; they push us towards the soul. And that is how the Master pushes us from inside so that we expand in every direction - in our profession, domestic life, with our social activities. If we are alert enough we see in all this his hints for a rapid growth. We should pick up the hints and main-

tain the impulses we get from inside in a notebook to put them into practice. It is not enough to enjoy the meditations and wisdom teachings - otherwise the high state of harmony we might experience quickly disappears again in the normal routine of everyday life.

Rhythmic Expansion

Expansion is possible if we include an order in the daily routine and live rhythmically. Through rhythm we can free ourselves from material life and build up a continuous spiritual practice. Most of us aren't regular with their practice, and often the life situation or also an aversion to rhythm and ritual hinder us. This is a subtle blockage which hinders us to enter into the realms of light. The seventh ray of rhythm and ritual supports and strengthens our will and it helps to remove obstacles. In the beginning rhythm is something Saturnian; it consolidates, and creates the basis for an expansion of consciousness which Jupiter brings, the expanding principle. Without consolidation growth otherwise has no stable basis. With Saturnian discipline consciousness grows slowly and steadily and this way we experience the support of Mother Nature.

A mantram for the expansion of consciousness is HAMSA SIVA SOHAM; in this HAMSA is the individual consciousness, SIVA the universal consciousness and SOHAM the universal consciousness as individual consciousness. Singing this mantram expands the individual into universal consciousness. Occult science knows that the growth of consciousness can be supported by the right use of cow products like ghee.

By following a rhythm we enter into a movement which brings an expansion of time. For this Master CVV gives the mantram "time expand". We can do more and more things and the speed of work increases. This leads to the Aquarian speed which is also called the speed of God. Uranus causes this expansion of consciousness. The contact with him may only last seconds, but its effects last a long time. Uranus represents conscious simultaneous existence on all planes of existence and awareness.

Rhythm expands, slowly creates a fire and makes life light up. This light emanates from the centre of I AM through the soul, and the vital force permeating us expands into our surrounding and has a healing effect. A smile coming this way from the heart expands the etheric body, and the boundary between our-

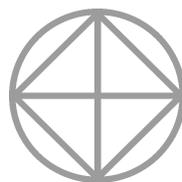
elves and people surrounding us disappears. When from the soul, we see in others the divine and their good sides; we don't reject them, but include them and grow. As much as we exclude so much we limit ourselves and get excluded from life. We don't have to deny the negative, but can keep it as information without getting excited. Thus, we keep our minds open and expand ourselves into ever greater dimensions of life and of experience.

The sphere of influence of each one of us differs from that of others. We have our own fields of activity according to the degree of our awareness. The bigger the awareness the bigger the sphere of activity. This is true for every living being. A mosquito has its own sphere, a human another, the great Masters still others. Among the Masters there are some whose spheres extend over the whole planet. There are also Masters whose expansion is interplanetary. According to the expansion initiations happen. Already by practicing one virtue - not for any result but for connecting and without any other desire - we enter into the chain of ascent.

Vidyadhara

There are beings who permeate the ether and are present on the plane of pure experience. They are already present when we just think of them, for they are everywhere because of their expansion. This is called the state of *vidyadhara*. A *vidyadhara* is somebody who holds *vidya* - knowledge - in his body. For such beings there is neither top nor bottom; for them all is light, all are planes of light. Narada belongs to these beings, also Buddha and Christ. Today it is also the status of Master CVV; he flows through the entire globe. When we think of him, his presence is immediately there. The experience of this presence in us happens as the experience of I AM. The expansion of a yogi on the plane of spirit is nothing but union with the omnipresent principle in others. They start living in others as their inspiration and not as anything else. They move into us to lift us up. Through such a touch of consciousness our hearts become light.

Sources: K.P. Kumar: Jupiter / notes from seminars. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)



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