

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

AQUARIAN WIND 13: PROTECTION AND PROTECTING

Manifestation of the Divine

We instinctively seek protection and long for someone who protects us. Thus, we expect to be helped if injustice happens, that someone will assist us and uphold the law. Justice and protection from injustice are manifestations of the divine and they lead to a recognized ethical and penal code. Governments are there to maintain the law and to protect citizens; the art of healing is for the protection of health, education for the protection of the right way of living. In today's age, however, these tasks are often not accomplished properly. Law givers and administrators are guided by money; at the same time governments ruin business and industrial enterprises. The education and health systems and even the religions are dependent on economy; they are not motivated by their purposes but by economic considerations. It is difficult to work against the current of today's society. But we cannot just feel helpless and then blame the school or the government. Even in these difficult situations there is something we should do as our duty. There are numerous ways and means to attune to the divine and to obtain its protection and support.

Each time injustice takes over on earth, the Divine incarnates in order to protect the righteous people and to restore the Law, it is said in Bhagavad Gita. "Whosoever follows Me shall not perish", says Lord Krishna. It is a principle of Nature that we are protected if we live according to justice and the Law.

However, where teachings don't lead to the necessary transformations and loving understanding is of no more use painful processes lead through a transformation. Humanity passes through crises and the

planet has reached a certain degree of disease. Master CVV says that this leads us to a state of a higher justice and that he takes over the protection of all who submit themselves to him and that he fulfils their needs. Shamballa and the Hierarchy also do their best to protect us, if we align ourselves correctly and live righteously.

In all situations an attitude of love is a very good protection, better than any weapons. When we are always in an attitude of love, irrespective of people and situations, negative energies don't have a possibility to enter into us. But first we have to purify and process what is in us; then we have to develop this way of living. However, with an attitude of love the purification process can happen much faster.

Mantrams

Protection comes when we identify ourselves with the *one* consciousness. In this we let go of the ego, and the universal consciousness can pour in and flow through us. No matter how we call it, Christ consciousness, Krishna consciousness, Master of the Universe, as far as we see the *one* consciousness and identify with it, it works through us and provides protection.

Mantrams are also very effective - sound formulas as combinations of energies which, when uttered repeatedly, manifest these energies. Even when we say *mantra*, the meaning of it is that the more often we utter it, it protects and enlightens us. Each time we utter a *mantra* certain protective energies stimulate a petal of the twelve-petalled heart lotus. That is why the *mantra* should be uttered as being expressed from the heart centre. The energy makes

circles, goes up to the throat centre, and from there it starts covering the whole body and slowly purifies the whole aura around the body. So we are in a kind of a pyramid, a double pyramid or an egg-like crystal, so that nothing from outside can enter into us. Then we are protected, and the positive energies that are developed through the mantra spread into the outer layers and reorganise the mental matter. This is a help we have received from the Sons of Light, the Masters of Wisdom.

The Double Pyramid

We can build this pyramid with the help of imagination. We imagine that sun rays reach us from the east, west, north and south. This way we build up a four-armed cross where the heart is the centre. Then we connect the ends of the four arms with each other. Thus, a square field is created around the heart. Afterwards we connect the four corners of the square above the head with lines of light. From below we build a similar connection to the four ends of the cross. When the six ends are connected with each other the double pyramid in us is constructed. The six ends are invoked by the six energies, one is wisdom, one is love, one is strength and the fourth one is quietness or silence. The energy of the upper point is the energy of *Vasishtha*, and the energy coming from below is *Agastya*. In the fire ritual the names *Indra Vishnu* and *Agna Vishnu* are used. *Agna Vishnu* is the one burning from below upwards, and *Indra Vishnu* is the one shining from above downwards. There is a downpour and an up-flow of light.

After the four sides of the double pyramid are constructed the *mantra SARAVANABHAVA* can be meditated, *OM Saravanabhavaya Namah*. When we utter the mantra we visualise one of the directions; when we have uttered it six times we have completed the double pyramid. Afterwards we happily sit in our inner and can sing the *mantra* as many times as we like. While thus we meditatively construct an outer frame, the seed for the double pyramid lies in the heart; it is not something we have developed through our imagination. It unfolds itself and fulfils us from inside out. Then we carry a powerful protective shield in the aura around us which you can see well developed in the etheric. The double pyramid is sharp and radiant like a diamond and very effective.

All over the globe there are many stories of guardian angels guiding and protecting all those who regularly pray and lead a righteous life. In India the guardian angels are called *devas*. In order to obtain the blessing of the *devas* people are honoured by giving them

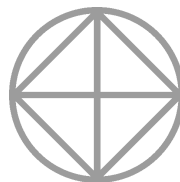
clothes. An invisible protection emanates from gifts as well as from investments in projects of good will. Particularly devotion to God protects and helps. We even protect our house by thinking of others and helping them. The ancient Indian scriptures say that he who protects a woman, a cow or Nature obtains profound joy and removes obstacles on his way. Esoteric astrology declares that our earth also has a guardian angel, Venus. She conveys rays of protective love and also gives immortality through the discipline called yoga.

Mother Nature

In the east the protector of the universe is called *Durga*, the exquisite jewel, the Star of the Sea, the World Mother. The Christians pray to *Mary* to seek protection; she is also called the Star of the Sea and worshipped as the World Mother. Some have the feeling that Mother Nature is cruel. But there is no cruelty in her; she only offers us protection and nourishment. Through pain she wants to protect us. If we eat something which is not good for us, we get pain in the stomach as a signal to care for the pain so that we are protected. We cannot oblige Nature how to behave. When we know how to prepare for rain we take an umbrella or seek shelter. When we have acquired the ability to adjust accordingly, Nature cooperates with us and guards us against disease and harm. Every obstruction is a protection, when there is a lack of awareness. As we grow in awareness the obstruction is removed, just like the protective shell around a chick breaks up and falls away.

Mind was given to us to protect ourselves and to choose the right things with discrimination. In the East the cosmic mind is symbolically called *Indra*, the King Celestial, the Protector of all that is. He steps down into us as the soul whose purpose it is to keep in order the three planes of personality. *Indra* exists in us at a place near the *Ajna* centre. This is called the birth place of *Indra* or the third eye. From there the soul expresses and guides the personality. When there is no need for action the soul withdraws into *Ajna*. This way the King Celestial governs our life through our mind and gives us guidance, protection and enlightenment.

Sources: K.P. Kumar: *Mantras. Their Significance and Practice / notes from seminars.* - E. Krishnamacharya: *Spiritual Astrology. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)*



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