

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month,
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

AQUARIAN WIND 1: CRISES

Fiery Transformations

You can compare the development of the subtle body with the churning of milk whereby butter separates from the milk. By churning the butter gets collected; the essence emerges and separates from the rest. Churning is a fiery process, just like the process by which the subtle body can be separated from the physical body: through a fiery churning the gross matter is expelled and thus the subtle matter can develop. Crises are the means to form us and lead to a reorientation. Crises are turning points of our lives to walk towards the light. Every crisis makes us understand better our being. Spiritual realisation cannot happen in fair weather. In good weather we sleep, in bad weather we work. That does not mean that we have to invite unfair weather. But only through crises can we be driven more deeply towards truth.

The one or the other crisis keeps on making us suffer because we don't know how we should do something. The personality does not know how to function; therefore it keeps doing what it likes until it gets into problems. As long as it dominates the soul the personality leads us into crises. We have to neutralise all we have done. Until this has been done we cannot reach the source. Crises are nothing but the karma we have to fulfil; they help to clear up. The limitations we suffer from stand in our way to fulfilment. Therefore, in the life of a disciple crises come faster. The Master does not accept any limitations with the disciples. He works from inside, and then we experience crises. When we are out

of a crisis and have regained a foothold, he creates a new crisis so that we grow through it.

When we invoke the energy of CVV, many transformations happen. He sees that all body cells get transformed through the fire he kindles through crises. Crises help to keep us aflame and that we are being cooked by them. The word 'flight' does not exist in the dictionary of a disciple. We have to face the crises and resolve them. When we accept them we start shining forth in crises. Gold shines much more beautiful when it is in fire. The gold in us is our golden body, the subtle, etheric body. It can only start shining if we are enough in fire. We should be grateful to the groups and our fellow beings because they give us so many crises. We see in the outside what is inside ourselves. When we can see so much hatred, dispute and fight, we see it because in ourselves we have precisely this. For an initiate all this does not exist because for him all is God's presence. He knows what he has to do in a given situation.

Crises for Awakening

Even with great souls crises are something normal. Arjuna could receive the wisdom when he was in a great crisis on the battlefield. Maria Magdalena went through a deep crisis when she was about to be stoned. At this point there was but Jesus who protected her, and she very clearly realised who really loved her. Thus she found in the Master the only source and got initiated. Helena Blavatsky experienced strong opposition and her life was often threatened; nevertheless, she worked like a lion. Master EK experienced betrayal, ingratitude and

criticism. In his time of preparation he went through a severe crisis because of the epileptic disease of his son; it led him to homoeopathy with which he treated his son successfully, and then he used it for the rest of his life to heal countless people. In the lives of initiates we see how through the times of crises they awoke to spirit.

The Master not only brings us crises but also helps us to solve them. But sometimes in the times of crisis the outer Master disappears and stands at a distance to watch how we perform in the crisis. Thus, he withdraws the outer support so that the inner support mechanism is initiated by sheer necessity. Only if we find the Teacher within can we get through every crisis. If we face the crisis keeping firmly aligned to the divine the crisis dissolves and a gift of God appears for further progress on the path.

Occult Instruments

Through the occult instruments that we daily use power flows to us. Prayers help us to go through a crisis. Even if we are dashed to the ground, when we pray things change. However, in a crisis we often are drowned in our emotions and don't seek help. So the Masters cannot reach us. They often say: "We cannot help you, though we wish to help, because you don't seek help." If we don't ask for help, they cannot interfere into our system, for according to their understanding unasked help is aggression. So they wait and respect us, for they are bound by the law of love. Hence, the link does not happen.

When humanity is passing through a period of crisis it is very important to pray with intensity. The individual events of life then are not so very important. It is important to be committed to the well-being of humanity with the will to good; this requires humbleness and not self-aggrandizement. Mahatma Gandhi is a great example, how he opposed the great British Empire with the power of prayer and fasted and prayed during crises.

When there are seemingly insurmountable difficulties, the *Upanishads* say, "Utter OM". OM helps with all these matters, it is the general medicine. The specific remedies are the sounds which emerge from OM. Today OM is uttered in the *ashrams* with much intent to purify the planet, to reconstitute peace and to neutralise crises. When you can neutralise planetary crises with the help of OM you can also overcome individual crises very well. The *Upanishads* say: "There is no possibility to completely explain OM." A good instrument for an effective work on the individual or planetary level is also to visualise a double pyramid around a globe, a troubled region, a nation or even around the globe.

Standing above the Pairs of Opposites

All crises, on every level, have the same evidence and message for us: Stand above the crisis, above the pairs of opposites and then watch them. When we are above them we see that the pairs of opposites complement each other. As long as we are in them we see opponents and fight. If, for example, there is unrest in an individual we should ask ourselves why, what the concern is about. It needs a loving understanding to learn the reason. Then we can trace it back to its origin, but not with power or authority. Each time we suppress something it springs up again. With a loving understanding we can also see the message the unrest on the planet carries in itself. Our work is to keep away from opinions and to remain dispassionate, without prejudices. When we are neutral, there is no criticism in us, but we reach a higher understanding. Thus, we call in the light and pass it on so that what is good for all might arise. Crises, also our personal crises, cannot be solved as long as we don't regularly work for it.

May all beings live in poise, in peace and in happiness. We cannot just be happy when we alone are content but only when all are content. Otherwise we are egocentric. But even when there is a crisis we can remain in equilibrium and also when there is no crisis. There are so many crises and conflicts - personal, political, religious and ideological ones. Or also economic and ecologic crises and dangers for health. Our immediate responsibility is to transform ourselves so that we become useful instruments to help others. Without transforming ourselves we cannot think of transforming others.

In the early history of mankind there was a big crisis when individualisation took place and the one soul became many. Now the point is that the many become again one and that humanity is reborn in spirit. The personalities have to clear the way; otherwise they get broken. "Bend or break" is the only choice. Whether we like it or not, Uranus brings the transformations to introduce the new age. He doesn't make compromises. But with the help of wisdom and of the Masters we can transform ourselves and overcome the crises. This is the work ahead of us.

Sources: K.P. Kumar: *Uranus. The Alchemist of the Age / The Teachings of Sanat Kumara / notes from seminars. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)*



Good Will is contagious !

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