

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

HEART AND CORDIALITY

Meeting in Cordiality

One of the fundamental truths is: What we experience in the outer world has its seed in ourselves. Normally we tend to seek the causes for problems in others, not in ourselves: "I am unhappy because of my wife, my children, because of my friends, who have disappointed me." But why do we get friends who disappoint us, while others have good friends? Why do we lose money, while others gain money? Why does unpleasant news always come to us and not to others?

We have an excellent mechanism of attracting the negative situations, since our causal body keeps on causing problems for us. Something in us has to be corrected. Therefore Master CVV always instructed his followers to look into themselves and not to others: "My dear, stop seeing the nonsense in others, start seeing the light in them. In every being there is light, start seeing the light instead of other things." When we can see the light in the other, we can meet in an agreeable, cordial way and without rejection.

Each one of us has his or her own ideas of how to behave correctly. And when the others don't behave in the way we imagine right behaviour, we cannot tolerate this. There is a blockage in us and love doesn't flow, because we are more conscious of the faults of the others. They influence us and we lose our tolerance. When we are judgemental and critical, we spread a certain subtle negative energy. Critical communication causes conflict; cordial communication causes communion. A cordial cooperation results from a good communication. However, when the information exchange is blocked,

we feel cut off and the flow of cordiality and cooperation is also blocked. When we communicate with others from soul to soul, from heart to heart, we don't have to care for the personality, for agreement grows through cordiality.

The Thread of Cordiality

Can we feel sympathy towards those with whom we don't agree? If not, the thread of cordiality is quickly cut. We mostly only have compassion towards people who behave just like we think. But the world is full of diversities and the others don't behave the way we want.

When we like somebody, the flow of our sympathy is streaming. But when we don't like somebody, there is no flow. We create a phantom of the other and start fighting with it. The phantom doesn't stop until we stop. If children are permanently criticised, they get an inferiority complex and think that they aren't able to do anything. This can even lead to suicide. Respect the soul as a friend, it has its own experiences made in the past. Some things have been learned and some not. The child will learn. Mother Nature takes care of every being.

People are like they are. We can inform them in a friendly way about something, but it is up to them to work with it or not. Our attitude towards them should always remain the same. Otherwise problems arise from our expectations towards others and their expectations towards us. They are the cause of mutual disappointments and of a lack of cordiality. If we can rise

to such an understanding, we won't have problems. If not, we suffer, for the others won't rise.

Sympathy and cordiality require that we remain full of compassion, no matter what the others think of us. This is called impersonal love. It means that we love the being in the other and transcend the personality of the individual. We meet the soul in the other and don't burden ourselves with the personality. This is also called impersonality. We remain in this impersonality, when we see the soul in the other. Master EK says, "May the light in me be the light before me. May I learn to see it in all."

Including - Agreeing

Synthesis sees the adequacy of things, it includes every viewpoint. Thus our mental views can be changed to the better and can encompass more and more. To be able to acknowledge the viewpoints of others means to be able to sacrifice one's own viewpoints. It is a sacrifice which demands love. As long as the heart isn't opened, we cannot take this step. Only a clean mind can open the heart. As long as we are busy in our mind with the personalities of the others and their strange behaviours, the mind cannot hold the light and the love. But when we reject others, we will experience rejection. Through cordial conversations and relations unpleasant people can be won over and unpleasant situations can be transformed into pleasant ones. The Aquarian age requires that we are inclusive and realise the unity on a higher plane.

Love is inclusive and not exclusive. Love doesn't judge. Love leads to vision, where we realise every standpoint as acceptable. This point of view allows the flow of a natural and holy cordiality. When we fundamentally accept a person from the heart, it is no more difficult to address differences. We do this with our children. We sometimes don't agree with what they are doing, but we don't reject them. They often do more hurting things than others; nevertheless we continue to accept them and thus don't cut the connection of the heart.

Cordiality and friendliness are the basis of harmlessness. Unfriendliness towards others is destructive and often even self-destructive. In order to gain friends we have to learn to agree with them. Agreeing doesn't mean to agree with their views and opinions, but with the person. We are expected to connect with the person, but don't necessarily have to agree with the personality. Mostly we connect with the personalities and think we are good friends. But once we see the other side of the personality, we are disappointed and would

like to separate. Similar things also happen between husband and wife. For Buddha cordiality and friendliness are the basis of *Ahimsa*, harmlessness. This is love in action. It is the first step in yoga. The art of yoga is to transform unpleasant persons and situations to pleasant ones. We care about the good and deal with it. We don't allow the other aspects to interfere with us. When we practise such an attitude for a longer time, friendliness and cordiality develop.

Friendliness and Cordiality

Friendliness radiates its magnetic love and meets others in cordiality. Where friendliness prevails, there is also cooperation. Where authority dominates, there is a silent work behind our back, because the soul basically loves freedom. It doesn't like to be under a dictate, but subordinate itself to the Self. Authority belongs to the energy of the past. Love and friendliness are the present energies. Through them we can much better win the people over. Thus we get the things done much better and faster, for the people would then love to cooperate with us. Lord Maitreya is an embodiment of it, the symbol and goal of this humanity. His name means friendliness and benevolence.

When we want to invoke the name of a Master, to pray and to meditate, it is important to be cordial and to develop a cordial relation to the Divine. Even while we are immersed in the world, we should keep up cordiality. Through cordiality we approach the lotus of the heart and can enter through it into the subtle worlds. A big heart is more important than a big head; big hearts can absorb many crises. The warmth of cordiality gives us fulfilment and spreads comfort and a feeling of well-being. It is the warmth of the soul. When we want to follow the path of hierarchy, we therefore must not ignore cordiality.

The only key to the heart and to cordiality is that we do something for others and don't expect cordiality from others. When we help from the heart, we will become conscious of their needs. Every action of good will develops the heart, so it becomes easier for us to remain in the heart. Through our acts of good will we will also continue to live in the hearts of the others.

Sources: K.P. Kumar: *On Love / Jupiter / notes from seminars* / E. Krishnamacharya: *Spiritual Astrology. The World Teacher Trust - Dhanishta, Visakhapatnam, India* (www.worldteachertrust.org)



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