

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

TRANSFORMATION

Refining the Brain

When we develop a taste for the higher, slowly the taste for the lower falls off. A gradual transformation takes place, in which people often aren't even aware that they are transforming themselves: Some change their rhythm of life, they stop smoking or drinking or start with a vegetarian diet. The impulse for change comes from the inner, without an outer compulsion or the influence of a group pressure. Through the inner connection with the teaching the willingness grows to enter into a process of self-transformation, and this way a slow approach to the light takes place.

For quite some time a person might waver. He is interested in the teachings, but doesn't feel the inclination to put the knowledge he has heard or read into practice. He is said to have entered into the front court of the temple, he goes in and out again. However, the soul keeps on pushing him from inside, so that he gradually transforms himself and the spiritual will is awakened. He slowly starts becoming a worker of good will and thus begins to understand the wisdom better.

At first our brain cells are very dense and cannot receive any enlightenment. Numerous exercises were given to make the structure of the brain more subtle by working with light and sound, with rhythm or respiration. This way the brain becomes able to receive the electric impulses of subtler planes. How do we know whether the structure of our brain is transformed? From time to time we get flashes of intuition. When we are intuitive, we can receive a certain enlightenment through the brain. Inner purity and discipline in life

allow the subtle impulses more easily to emerge, intuition grows and our radius of consciousness increases.

As long as the brain is engaged in worldly things, like getting clothes, money or possessions, this makes the brain cells more and more dense and closes us up towards the higher worlds. If we like working with colours, sounds and respiration, this leads us into subtler spheres, and we can receive the light, love and will of the soul better and better. The things and situations we meet we experience increasingly as an expression of the One Life: "See Me in all forms you meet", recommended Master CVV for a faster transformation of life, and he gave a sound key for regular invocation. This is the age-old teaching to see the One, the divine in all forms, but the way of approach he gave is new, a "new direct line", a new dimension for the path of yoga, for speeding up the transformations in the present Aquarian age through the energies of synthesis.

The Inner Temple

The body is considered to be a temple, and the subjective part of our being is the inner temple. The innermost of the temple is located in the heart lotus and is called the inner sanctum. Not all houses are temples; they become a temple only through the presence of the divine. Thus also not all bodies are sacred in the same degree, even if they may look similar. If we let in impure thoughts, emotions or habits, we desecrate the temple and turn it into a bazaar. Jesus got angry that the temple wasn't kept in order, and he drove the

traders out of the sanctum. The meaning of this is mostly forgotten today.

Discipleship is compared with the construction of the temple, and it is said that the temple is built in silence and during the night, without other people knowing about it. Only when the temple is built, it is revealed and dedicated to public service. The transformation in a temple happens more in the inner than in the outer. When we no longer indulge in objectivity, but only do what has to be done - no more, no less - we reach a state of pupation. This means, we are no longer affected by objectivity. Only by means of pupation a caterpillar can transform into a butterfly, through a transformation of thousands of its body cells. With this example nature gives a deep message. When we look at a caterpillar and a butterfly at the same time, we cannot imagine that the butterfly is a further development of the caterpillar. But that is the potential contained in the caterpillar. In the same way the body tissue of flesh and blood very gradually transmutes to a body of light through the inner transformation.

This process of transmutation is called the path of ascent through Yoga. When on this path an individual becomes a master and thus THE MASTER works through the body, the inner transformation cannot be easily perceived, because the outer envelope remains the same. Only he who has occult sight can realise what is happening.

The Process of Transformation

The transformation during building a body suffused with light is a chemical process in which the final product has not much to do with the starting product. It is like the transformation of carbon into a diamond, of a plant to a flower into a fruit. The information about it helps us as an inspiration, but it is not the transformation. Also wishing and desiring alone doesn't help, desire has to transform into aspiration, and aspiration into will which expresses as loving action. We shouldn't expect that someone else does this work for us or that the world changes. If we work out the change in us, then the world looks different.

However, we don't need to do the transformations with our little will, but we sincerely pray for it, we then wait and see how IT works in us. For this Master CVV gave the invocation: "Master's own adjustment, masterly adjustment." It is an appeal to the energy of the master; the intensity and sincerity of the intention helps to make the mantram work. This mantram can be used for one's own transformation had healing, and

also that the necessary adjustment happens in another person, so that he finds out of his suffering.

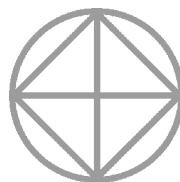
On the path there are no short cuts or miracles, but only patient work. What sometimes looks like a miracle is the result of long transformation work. In this also failures and disappointments happen. But they shouldn't discourage us. The teachers don't look to the failures of a student, but to his intention and attitude. They also allow a certain degree of indiscipline, for this is very common. The great teachers also weren't perfect from the beginning; they have gone through storms and battles and have made mistakes. They speak about it, so that we can learn from it. However, if we aren't willing to follow wisdom and to transform ourselves, we go through a transformation process of suffering. Saturn, Uranus and Pluto then teach us discipline through "bend or break". With high pressure nature transforms dark carbon into a radiant diamond.

Also masters were transformed by pressure: Sri Aurobindo became a mahatma while he was in prison, and also Mahatma Gandhi. We are prisoners, too - prisoners of our mind, our emotions or our own convictions. Profound problems enforce adjustments and cause a fire of transformation which liberates us with the time from the imprisonment in gross matter.

Ganesha

By contemplating on GAM, the sound of Ganesha, we can free ourselves from a mind causing problems for us. Otherwise we start doing something, and after a while better ideas come to us, so that we change again our plans. Thus we cannot continue well and with full heart what we have begun. By invoking the energies of Ganesha the right thoughts come to us that the right time, so that our project flows through us according to a good plan. We won't miss details that would become future obstacles. The higher mind functions better than the lower mind. Therefore in the East Ganesha, the cosmic Lord of Love-Wisdom, is invoked first before beginning a project. We can think of Ganesha and that our little head transforms into an elephant head and that the cosmic energies flow through us. Thus the day progresses well and we get along without many mistakes or impediments.

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Good Will is contagious !

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