

*To whose temple the Arch is starlit,  
In whose temple the Sun is the image of gold,  
To whose temple the Moon goes every month,  
And brings the message out every full-moon,  
And whose message the Moon sings as a word of sixteen letters,  
His religion I belong to, His temple I visit,  
His name I utter, His glory I live in.  
To Him I offer the lotus of my day,  
To Him I offer the lotus of my night.*

*These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.*

*The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.*

## FRIENDLINESS AND FRIENDSHIP

### Agreeability of Thoughts

In the various ages of life we meet many different people and there are always again new constellations. Many encounters are short-lived, some relations, however, last for long years. The groupings in life are mainly according to the agreeability of thoughts. A businessman meets other businessmen, drunkards meet in a bar. Likewise politicians, thieves or religious people group up. Where thoughts meet there people meet. But even when people live closely together like within a household, their thought-worlds greatly differ. Thus the thoughts of the children are different from those of the parents. The thoughts of the head of the house are different from those the lady of the house and the grandparents live again in another world. A group of persons remains together for years, when they are bound by the same thought. When the thoughts differ, the members of the group leave, only to find expression in another group, where there is agreeability of thoughts.

Friendship is a situation where the thoughts meet in a deeper sense. It does not mean that all the thoughts between two friends are identical. But there are some thoughts that bind them together deep in their being. In areas where they differ in thoughts, they agree to adjust and adapt. The deeper thoughts that bind persons together are called the thoughts of love or belonging to each other.

### Expectations

Often friendships have expectations as their basis. Somebody is a friend for us as long as he agrees with our opinions and our way of life. If certain expectations aren't met, the friend becomes an enemy. We have an image of the other person, which often doesn't correspond to the reality, because our understanding of the other can never be complete. Our friendliness then only aims at the image, when the person doesn't agree with this image, we are no longer friendly.

The expectations are the cause of mutual disappointment and conflicts. If we can rise above our expectations, we will have no problems. Even if we don't meet the mutual expectations, we need not be unfriendly with each other. A friend is someone who is friendly without expecting anything. The real friend is the other soul, not the other personality. Friendship is on the plane of the soul. When we love the soul, we give it its space. Unconditional friendliness is always friendly, irrespective of what the other does. Such friendliness we can find in the lives of the initiates.

A very corrupt police officer stayed around Master EK. People asked him: "Why do you allow this individual to be with you?" Master EK answered: "If this man is corrupt, then it is his problem. He has chosen to be close to me and I respect his decision. He cannot affect me, because I have a free will." The master is friendly also towards him because he has nothing to do with his misdoings, but only with his soul. Jesus behaved friendly towards criminals and prostitutes, even towards Judas, who betrayed him.

Friendliness doesn't mean to live according to others' expectations. Master EK had the habit of smoking cigarettes. This kept over-critical people away from him. They said to him: "It would be much better if you didn't smoke." He answered: "You'd better care for yourself, not for me. Don't tell me what I should do. You should see what you should do. If you don't know what you should do, then you can ask me." - We are worried because there is a public opinion concerning your smoking. It is inconceivable, that a deeply spiritual teacher is smoking cigarettes." - "If this is incompatible, so what? Who has said that I am a spiritual teacher? I have never claimed to be. If I smoke a cigarette, it is my problem; it cannot be your problem."

We should develop the kind of friendliness that we respect the values of the other, even if he doesn't live as we think it is right. We can inform him about our values without imposing our opinions on him. This way we respect the other soul as a friend who wants to make his own experiences in freedom. This friendliness demands patience especially from parents towards their children, authority, however, doesn't work.

### Living in Friendliness

Where there is friendliness, there is also cooperation. This way things are being done faster and in a better way. But if we want to force a person to do something, resistance arises on the other side. The more we stress our authority, the stronger the other refuses us. He then silently works behind our back, because basically the soul loves freedom and wants to live in friendliness. The Piscean Age was characterised by authority; friendliness and freedom belong to the Aquarian age. Nations who govern their own citizens with power and authority and who also want to impose their will on foreign nations, delimitate themselves by doing so and get problems. The losers always seek for an occasion of revenge. He who wants to lead others is only accepted if he is friendly. Authority is rejected, friendliness is appreciated and admired.

You may agree with the behaviour of another or not, but still you can agree with the One in the inner of the other. The indweller in every being is the same, only the behaviours are many. We can accept the indweller in friendliness, even if we don't agree with the behaviour of the person. This way we can be friendly, no matter how the other behaves towards us. A disciple fulfils his duties in friendliness. He allows the people to develop their own relations with him, but he has no other relation than the relation to the soul. The mun-

dane relations cannot hold him. No matter how the people behave towards him, he sees in them the form of the soul and serves it in friendliness. In *Occult Meditations* (24) it says: "Have a friend in yourself, be a friend to others. Depend upon yourself, be dependable to others."

When we are friendly inside, friendliness also expresses through our outside. We might think we can make friendship, but it isn't something we can own and pass on. We can live in friendship and then the friendship transmits itself through us. If we try to show a friendly face and aren't friendly inside, we are only hypocrites. People who outwardly pretend to be very friendly, but inwardly have bad motives, keep on killing their mental body and the mind becomes sick - a sickness which is very difficult to heal.

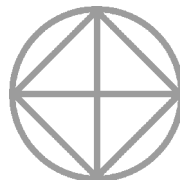
We also should not speak untruth in order to please someone and to appear to be friendly. Praise and flattery don't really touch the soul, at best the personality. Only truth touches the soul. Therefore it says: "Speak the truth and speak friendly." There might be bitter truths, but we should try to find words in order to coat them agreeably and not to hurt people.

### Yoga School Friends

Even the person whom we don't like is a soul. An enemy in the outer is a reflection of the enemy in the inner. "Do you have enemies?" said Master CVV, "then beware of yourself! You see in your being who are the people whom you don't like. Make a list of them and of the situations which you don't like. Then meditate on these situations and persons as I AM." This is a direct way to transcend one's own limitations. Friendliness is the antidote to malice and hatred. The Great Ones always have even made enemies to friends.

Master CVV has founded an organisation which he called "Yoga School Friends", for we cannot reach yoga, unity, without the quality of friendliness and friendship. A yogi is the friend of all. Friendliness is called "Mitra" in Sanskrit. "Maitreya" means "friend of the world". Lord Maitreya bears this name because he is friendly towards all beings, irrespective of their behaviour. May friendliness be our quality of life, no matter if others are friendly towards us or not.

*K.P. Kumar: Mithila / On Healing / Occult Meditation notes from seminars / E. Krishnamacharya: Master CVV. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)*



Good Will is contagious !

*The Lunar Messenger is published in English, French, German, and Spanish. On request we will include you in our mailing list: [guter-wille@good-will.ch](mailto:guter-wille@good-will.ch). Further information on [www.good-will.ch](http://www.good-will.ch). If you do not want to receive the Lunar Messenger anymore, please notify us briefly.*

*Circle of Good Will*