

*To whose temple the Arch is starlit,
In whose temple the Sun is the image of gold,
To whose temple the Moon goes every month
And brings the message out every full-moon,
And whose message the Moon sings as a word of sixteen letters,
His religion I belong to, His temple I visit,
His name I utter, His glory I live in.
To Him I offer the lotus of my day,
To Him I offer the lotus of my night.*

These seed thoughts from the Spiritual Psychology meditations of Dr. Ekkirala Krishnamacharya give the note for the Lunar Messenger of the Circle of Good Will. The moon is the reflective principle and symbol of the mind. When pure and calm, it reflects impressions from higher circles. Especially the time of the full moon is conducive for higher alignment, if we are poised enough. The alignment of the sun, moon and earth in the sky helps experiencing the magic of the light of the soul and its manifestation down to the physical.

The Lunar Messenger is published every month in time for the full moon. It contains thoughts from the teachings of eternal wisdom. Its purpose is to inspire us to put them into practical life.

IMPULSE AND IMPULSIVITY

Stimulation of Karma

When we walk through the streets and have a look at the shops, the desire grows in us to buy things. We then might buy something because we get the feeling that we need or like it. We didn't plan it, but buy it nevertheless and thus fill our apartments. How does it come? Excessive marketing stimulates us into the direction of desiring, and an ordinary mind reacts on this stimulation. We act out of an instinct, an impulse, guided by emotions. Money spent unnecessarily promotes the habit of impulsive action. A desire that oversteps the limits of needs overshadows the powers of discernment. Our discriminative mind gets like veiled by a dark curtain, and we become incapable of receiving impulses from higher circles. Desire never ends with one action, but goes on and on and causes more and more darkness.

The behavioural nature stimulates our thought, speech and action, it lives with us as the cumulative effect of our past deeds or our karma. From the point of view of spiritual astrology this stimulation happens through the impact of the planets. From time to time they trigger the seed of our past behaviour, while they are crossing in transit or in progression the planetary positions indicated in our birth chart. They urge us to impulsive actions, which in turn bind us through their effects. The planets never give rise to something in us which wasn't already there in our nature and it depends on us how we experience it. The plane on which our consciousness is polarised decides whether we are blindly sub-

jected to the planetary impacts or we rise above them.

Cyclically the moon keeps on triggering impulses of our individual karma. This brings us once a month certain qualities of experiences. They serve to equilibrate the peculiarities of our lower nature. On a much bigger plane Saturn does the same in the course of 30 years and causes deep experiences. Every two and a half days the moon changes the zodiacal sign and alternates the favourable and unfavourable thought currents for the average man. The favourable vibrations can help for spiritual progress and the so-called unfavourable ones are for the practice of neutralising our polarity with the objective world.

The intensity of the experiences depends upon the amount and mode of our karma of the past. The more intense it is, the more cheerful and patient we should grow to neutralise our own unfavourable vibrations. Regular meditation and prayer create a shield around us and protect us from the impulses triggered by the planets. A man who has reached the pure buddhic plane is said to have used up his past karma. He is no longer bound by the constraint of habit, for him there is neither the bondage of the past nor the inevitability of the future. For him only the presence exists and he can work in inner freedom for the plan of the earth. In this the planets work for him as guides and helpers.

Spiritual Impulses

In order to be able to receive impulses from higher sources our head has to be free from mental reflections and aligned to the higher. Then it is compared to an opened lotus. In the eastern symbolism it is also said that the head has to be cut and replaced with that of a ram. Aries is the beginning of the astrological annual cycle, the birth place of the divine idea. In this month the seed impulse for the entire year is received by the Lord of the World in *Shamballa* and then passed on to the masters of wisdom, who intuitively assimilate the plan for the year and transmit it to their disciples and further on into the world.

A spiritual impulse comes as a light ray from the subjective stages of consciousness into the objective mind. We can visualise the light as a point of light in our brain and then make the proposal: "From the point of light within the mind of God, let light stream forth into the objective minds of men."

It is not enough if we are just inspired by the light or an idea. The inspiration is like the first impulse. If it isn't translated into action, we will continue to be only impulsive. If we invoke the soul energy but don't use it correctly, it causes us trouble.

Dealing with Impulses

The spiritual impulse should find its expression in a tangible service activity. But we should not just act out of a first impulse or invite others to action, but wait until things take their turn.

The first impressions of a person with an impulsive nature are usually wrong. However, impulses should not be suppressed, but controlled with discrimination. There are also times of inner restlessness, which lead into some activities that cause failures. Patience and second thought will neutralise this. Here it might be good to wait two and a half days or weeks.

However, there might be a tendency not to assimilate impulses or to postpone things and work in the last hour under high tension. When we try to keep punctuality and plan in our routine, these defects will be offset. Master EK strongly recommends us to keep a diary. There we should note all possible impulses coming from inside during meditation or at other times, so that we can put them into practice. If we are too lazy to work with an impulse, other impulses will no longer come.

Guidance from Within

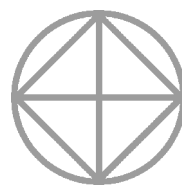
When we have the urge to serve the plan of Hierarchy or at least an instruction of the teacher, we receive the fundamental training. We don't have to look for a teacher, he will come to us. When we consciously invoke the master in the prayer, he emerges from the heart lotus and gives the necessary impulse to our awareness to inspire us for our development and transformation. He ensures that our comprehension widens so much that we become universal in our thinking. He pushes us from within to such a point where we turn out to be goodwill workers of consequence.

It starts in a simple way, but it expands to an unlimited extend. We feel that we are searching for a better understanding, a better experience, a better life. The master gives us the impulse to know, to follow; it is we who are working. This is called *Tapas* in Sanskrit and translated as "fiery aspiration" by Alice Bailey.

We get inspired to learn things - astrology, etymology or homoeopathy. We feel that it is we who have this inspiration, but it is the master teaching from within. Master CVV says, "I shall guide you from within. From time to time what you have to do, what you have to study, where you have to go, everything will come to you from within." He gives us an impulse to study the Bhagavad Geeta, the Secret Doctrine or any teaching which contains the truth. The book might have existed already for thousands of years - suddenly we are attracted by it, others however, not. When we apply our intuition to something, we can grasp the heart of this thing. Much more gets revealed to us than an intellectual teacher can ever impart. We don't have to labour any longer in order to know everything.

Yes, we will be filled with vital energy, and from a certain point on this energy will flow over from us into our surrounding, and we will become transmitters of healing energies. Thus the master imparts to us the key to devotion, knowledge and to the truth. He guides us through the intricate paths of light of the buddhic plane and leads us to the bliss of existence.

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Good Will is contagious !

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Circle of Good Will