



***For the spiritualist, the path of the zodiac forms an important course of his theoretical and practical study. The zodiac is the limitation of man when he is in the lowest and at the same time it is the path of his liberation when he is on the higher plane.***

*These lines are from "Spiritual Astrology" by Dr. E. Krishnamacharya. Spiritual astrology deals with the relationship between man and cosmos. It is one of the six keys to the secrets of wisdom whose centre is the consciousness of man. Through study and continuing meditation on the human and animal forms of the zodiac, he discovers that he is a small image of the cosmic man. He eventually realizes within himself all the planets, the solar system, and the cosmic plan to which he devotes his life. This wisdom reveals itself to the person who lives in the soul consciousness. Whoever is firmly anchored in the personality will never find the subtle dimensions.*

*The "Letters on Spiritual Astrology" contain thoughts from the wisdom teachings. Their purpose is to give encouragement to explore connections and correspondences and to elevate oneself to the level of Oneness which is found beyond the riddles of creation.*

## Leo

### THE MESSENGER

The thoughts of one's own logic and reason condense into the intellect, they are a great obstacle for receiving and expressing higher energies. In course of time these thoughts have solidified in mankind into innumerable ideologies and theologies, and many people are stuck in concepts and convictions. The door to intuition and to pure experience is blocked. In the 19<sup>th</sup> century the spiritual hierarchy decided to make the wisdom teachings available to mankind anew and thus to open the gate to a greater awareness. They chose Helena P. Blavatsky as the first messenger, who was to carry out the works of introducing the New Age. For more than a year she was exposed to a most intense training and a transformation of her brain cells in the silence and solitude of the Himalayas, so that a great power could flow through her brain in order to destroy wrong teachings and to open the doors to reality for many who followed later. With a leonine courage she undauntedly opposed all difficulties and used all her energy to point out the secrets of eternal wisdom to humanity, in spite of strong opposition and a constant threat to her life.

Like Mme. Blavatsky many initiates in recent times were born in the sign of Leo, so also the masters CVV, MN, EK and Sri Aurobindo. Fearlessness, determination and noble-mindedness are qualities related with this royal sign. There is an element of a fighting nature in Leo, which stands up for justice and the establishment of law and order. In the lower plane it expresses as a fight for power or for an ideology. Leo wants to protect and lead. The

danger is that he develops too much self-confidence and pride and shows partiality for his followers.

### THE GOLDEN STAIRS

On the spiritual path the sign typifies the fight with the lower nature and its conquest. In the "Golden Stairs" Mme. Blavatsky describes the leonine qualities which are to be developed on the path to Truth: "A clean life, an open mind, a pure heart, an eager intellect, an unveiled spiritual perception, a brotherliness for one's co-disciple, a readiness to give and receive advice and instruction, a loyal sense of duty to the Teacher, a willing obedience to the behests of truth, a courageous endurance of personal injustice, a brave declaration of principles, a valiant defence of those who are unjustly attacked, and a constant eye to the ideal of human progression and perfection which the Secret Science depicts - these are the Golden Stairs up the steps of which the learner may climb to the Temple of Divine Wisdom."

Leo is the second fixed and the second fiery sign. The fixed sign confers inner discipline and perseverance, while the fire of Leo enables the transformation of the personality through self-transformation. The transformation takes place in the inner, in the cave of the heart. It is the second birth, during which the soul is born and a son of man becomes a man of God. Many initiates are said to have withdrawn for some time to a mountain, into the desert or into a cave. The fought in the cave of the heart and killed the Lion there, that is

they overcame their personality and the urge of wanting to subject and dominate others. They learned to listen to the voice of the silence and gained mastery over the five senses.

## GOING INTO THE CAVE OF THE HEART

When we want to go into this cave of the heart, we have difficulty in doing so, since we don't have the habit of going inside. Our five senses pull us out with force into objectivity. Even if we close our eyes to meditate, the urge towards outside persists. Thoughts come to us about what we have seen, heard or experienced. Maybe we tell the horses, "Stop, take a little rest", but they answer, "oh come, let us carry on running." And so the energy incessantly flows towards outside and dissipates. The more we collect the energy towards its original source, the more the light in us increases. Therefore we should train the horses to return to the source. Then the senses slowly learn to remain directed towards inside, even if we are active in the outside. On the spiritual path of today it is not a question of withdrawing from everyday life, but of bringing light, love, clarity and harmony from the power of the inner into the family, the society and the professional life.

For this we should practise daily to go into the cave of the heart and to listen to the music of the soul. When we have developed the ability of listening, we can listen to the pulsating principle as it happens in our own being. Then we enter into the pulsation and get through it into the subtle pulsation. This is called entering the cave within the cave. Here we meet our higher self, the light beyond reflection. In this deep meditative state respiration and all secondary thoughts cease and even the pulsation is feeble. Only the original thought, "I AM", "I exist", and no other ripple of thought exists. It is like a stilled water lake in existence, full of light and with a humming sound. Meditation up to such deep state is not possible unless one has organised his personality. Study and service for

long years enable organising the personality, so that it will be fit for meditation.

Living in the heart and acting in the outer world, that is how a Son of God is working. He is in constant contact with the light and expresses the light through the mind, the five senses and the body. Wherever he is, the light spreads from him and penetrates all that surrounds him. In his presence the average beings regulate themselves without being told. He doesn't try to influence or to dominate them. It is his magnetism that keeps on influencing them and setting them into order. In no way he gets influenced by them, he remains impersonal, uninfluenced and stable. In the outer he may be nice, soft and pleasant in his behaviour, but inside he is absolute fire. Like a lion he walks his way and silently fulfils the purpose of his life with unshakeable will.

## LEO FULL MOON - FESTIVAL OF THE FUTURE

When we tune to the heart, our understanding will be inclusive and not exclusive. To be a friend of all is called in Sanskrit Mitra; this is the meaning of the name Maitreya. In Leo we can visualize Lord Maitreya with his other important co-workers, he rules over this full moon. In future Leo full moon will be of central importance in spiritual life, his keynote is: "Go into the heart and realise the brotherhood of living beings." To realise the manifestation of the soul not only in other men but in all is the key to love. Thus the sign of Leo prepares mankind for receiving the love-energies from the subtle sources and for being able to give Love.

2002. Sources used: K. P. Kumar: *Hercules: The Man and the Symbol / The Aquarian Cross / seminar notes* / E. Krishnamacharya: *Spiritual Astrology. The World Teacher Trust - Dhanishta, Visakhapatnam, India (www.worldteachertrust.org)* - A. A. Bailey: *Esoteric Astrology, Lucis-Trust, London. ( www.netnews.org / www.lucistrust.org )*.



## Synthesis

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