



Circle of Good Will

The Call of the Soul

Part 1: Awakening

This Powerpoint-presentation is part of a series of four presentations. They were made by the Circle of Good Will for a series of public talks.

The presentations are basing on the teachings of eternal wisdom as they are transmitted by the World Teacher Trust.

For this transcriptions from seminars of Dr. K. Parvathi Kumar were used.

www.good-will.ch



The Circle of Good Will

stands up for the advancement of right relations ,
for the spiritual synthesis between East and West, on the
basis of the teachings of Eternal Wisdom.

Founded in Muri, Switzerland, May 2000

A small group of like-minded people

In different ways we try to express good will in our lives and
foster it in our surroundings.

Newsletter: „The Lunar Messenger“ in 4 languages

Website: www.good-will.ch



Voluntary and Free of Charge

All our activities are voluntary and free of charge.

They are supported by friends with donations.

Within the scope of our possibilities we also support activities of other groups and individuals who are committed to the furtherance of right human relations.

Thus the entrance for the evening topics is free.

The organisation (publicity, renting of a room etc.) costs money, therefore contributions towards expenses are welcome.



Inspiration



Dr. K. Parvathi Kumar
Teachings of Eternal Wisdom



Awakening

Awakening knows many dimension.

Awakening exists in very different spheres

Awakening is always a time of transition, it contains the mystery of a new beginning.

The state before awakening cannot be compared to the state after. A new quality begins.



Awakening of Life

Awakening of nature in spring brings a powerful impulse of new life.

When at winter solstice the sun begins its northern journey, the intelligences of nature awaken, the Devas.

Spirit then starts to rise again from the low of matter and there we celebrate the birth of Christ, the saviour.

Spiritual Astrology calls winter solstice the birth of the Gods and spring equinox the birth of man in the annual circle.

In the monthly circle there is a smaller awakening at the day after new moon.

Our birth is an awakening into life, and death the awakening into a subtler form of existence.



Flowers of Awakening

In the larger cycles of the ages there are times of awakening, where suddenly a new quality manifests, which until then has been unknown.

The birth of a creation is an awakening from a previous state of dissolution. The eastern scriptures describe it as the birth of a radiant golden egg from the darkness of the background.

The rhythms of time bring waves of creation, blossoming and passing. Life itself continues, and at another place, at a different time a new flower springs forth.

Our life also can unfold to flowers of awakening.

When we are awakening to the awareness of the soul, we experience ourselves as a pure, unlimited being existing beyond the changes of sleep and awakening, of death and birth.



From Sleep to Awakening

During sleep the activities of respiration, heartbeat and blood circulation are going on without our knowing about it.

We are existing, but we aren't aware of it.

Awakening happens on the background of existence.

It is not our decision to wake up. We don't awaken by ourselves (even if we have set an alarm clock).

Something else has waked us – an impulse of existence.



Emergence

Where sleep and wakefulness meet, where there is neither day nor night, there is the door to the subtle world – in the state of “in-between”.

The moment we awake in the morning is a very special moment.

From sleep we emerge into consciousness. Like a wave from the ocean we come up from existence into awareness and awaken.

We become aware of ourselves, then thoughts come, and finally the daily activities start.



The Source of Thoughts

Before awakening there were not thoughts and no awareness. Everything we know is after awakening. During sleep we don't even know that we are existing.

After awakening impulses and thoughts come to us. From where comes the "I AM"? From where thoughts emerge?

Everything we think, even about ourselves is not what we really are. We don't give permission to thoughts to come. They come as soon as we come out of sleep, even if we don't want them. The thoughts don't ask us for permission.

We can observe our thoughts, but we cannot gain control over them. It is not we who think, the origin of life is the source of thoughts.



Life and Consciousness

On the one hand the stream conducts the activity of life in us, on the other the activity of consciousness.

Consciousness divides into impulses of ideas which clothe themselves into thoughts and further lead to speech and action.

This is the fourth or objective state of existence.

It is preceded by the three subtler states of pure existence, of awareness and of thoughts.



The Diamantine Consciousness

The moment we are awake but still without any thought is the state of pure awareness.

It is also called the diamantine consciousness or the diamond of consciousness.

Diamond means radiant, strong and permanently existing.

During this state, which we also pass when falling asleep, but mostly without realising, we belong to both worlds simultaneously.



The Fundamental Meditation

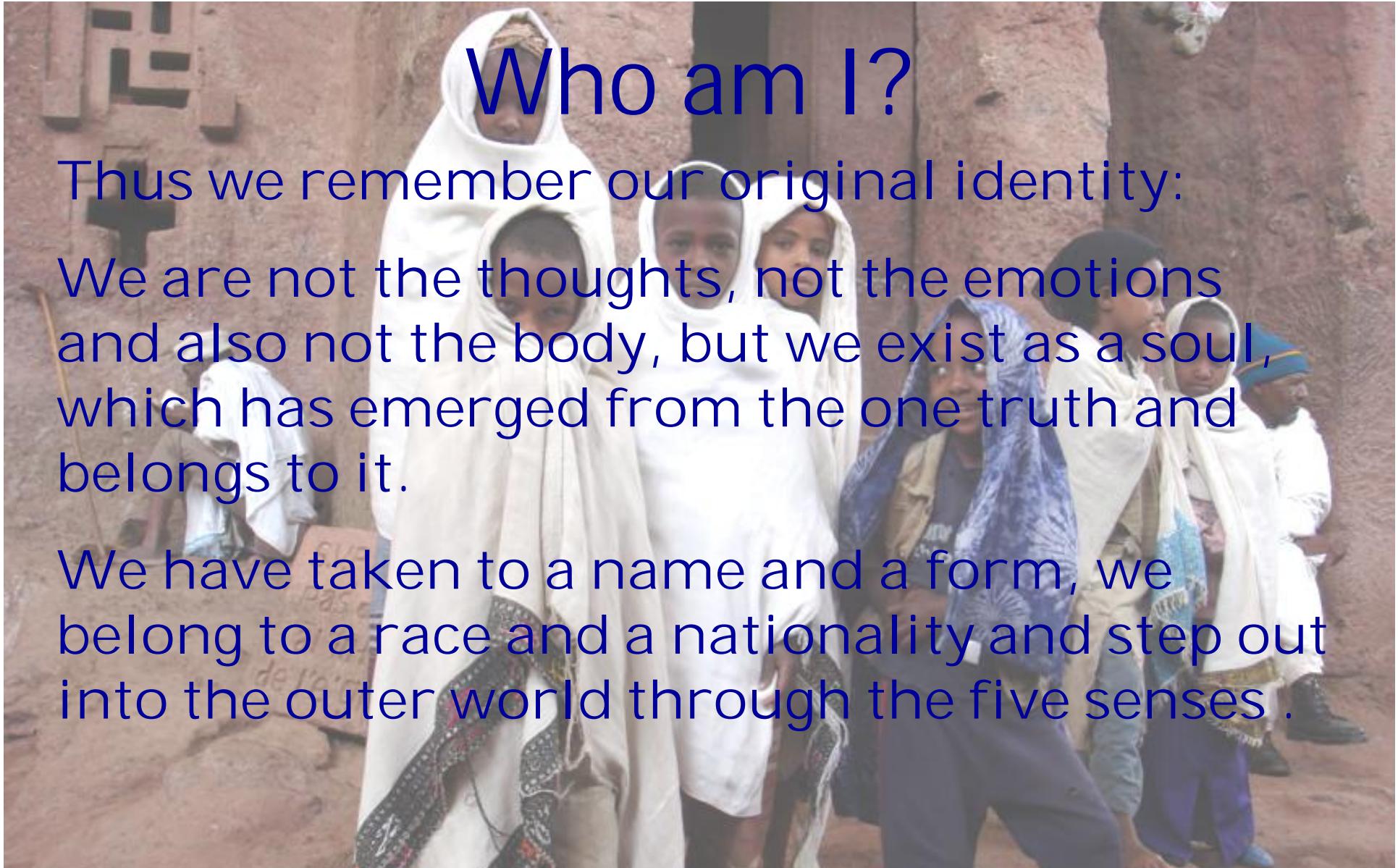
When we awaken from the state of sleep, we should not quickly jump into the activity of the thought plane and out of bed.

We should pause for a moment and remember from where we woke up.

We should ask ourselves the questions we can find in the depth of the inner: “Who am I? Where did I awake from ? What did me wake up? And where am I?”

To trace back the source of thoughts and to locate “Who am I?” is the fundamental meditation.





Who am I?

Thus we remember our original identity:

We are not the thoughts, not the emotions and also not the body, but we exist as a soul, which has emerged from the one truth and belongs to it.

We have taken to a name and a form, we belong to a race and a nationality and step out into the outer world through the five senses .



Where am I?

The question “Where am I?” does not mean that we are in bed, but that we move from the depth of our heart to the Ajna or brow centre.

In sleep we enter into the heart lotus, which is called the point of pure existence in us, the seat of rhythmic pulsation.

When we awake, we therefore experience the existence in the heart lotus and the awareness in the Ajna centre, which is the “east” in us.



Centred in the Ajna

Ajna signifies order, arrangement; it means that the awareness has given the order to direct the entire system.

From this point we instruct the body to stand up and go to the bathroom, and the whole play of everyday life starts.

Before we therefore enter into thoughts, we have to consciously remember and establish ourselves in our original consciousness:

"I am consciousness and function as a consciousness through thoughts."

Thus we align our mind to what we are: The truth of existence, which has projected itself into awareness and localised as I Am.



Maintaining the Connection

If we attune each morning to the diamantine consciousness, we'll have thoughts emerging from this state and can receive something from the plan.

When we then are working in everyday life, we are in connection with the source. Things then move for us in a harmonious way, our work finds an order and gets something of lasting value.

To make that link is the real purpose of meditation and prayer.

If we don't keep the connection, we accumulate much mundane stuff around us.

Thoughts and actions are distorted and the radiance of the diamond gets hidden.



What to do?

Another fundamental question in the morning is:
“What shall I do?”

It seems to be simple to answer: Eat breakfast, then go to work. But that's not at issue.

An action starts when a thought comes. Thought is action on the subtle plane.

It is only a matter of time that thought spreads out on the physical plane.



Over-Activity

When we are over-active, we continuously have the feeling that we have to do something. Incessantly thoughts are being produced, which push us into unnecessary actions.

We spin round like in a circle without arriving at the centre. The thought is always only: "What's next?"

We keep on being busy with our own proposals and cannot notice the proposal coming from the soul.



The Call

Only when we stop letting our proposals get created, we can realise the proposal coming from the inner. We call it the call of the soul, the voice of silence.

It is the call of the Divine calling man back to his source.

When we start hearing the call of the soul in us, there is an awakening into the subtler worlds in our life.



Before Awakening

Before awakening many people feel an inner unrest, a search, without knowing whatfor.

It is like in the dream phase, where we might toss and turn restlessly.

People having a comfortable life in the outer get a feeling of uneasiness, and they search for something more in life.

Mostly it is not an awakening from one day to the next, but might go on over a long time, with a meandering search into many directions.



Searching for Meaning

The search for the deeper meaning in life awakens, and suggestions are offered from many sides:

The search for deeper experiences on journeys, in art and culture, in ecstasies or intoxication.

In shopping centres or at sporting events.

At work or in social commitment.

In psycho groups, religious communities or esoteric activities...

A big business of creating meaning keeps man active – and away from himself.



Awakening to the Soul

As long as man is mainly active with outer things, he closes himself to the subtle worlds. He is sleeping.

However, the soul keeps driving him from within.

When the readiness awakens to enter into a process of self-transformation, the inner will slowly gets awakened.



The Call from the Centre

Over a longer period the searcher might vacillate in this. He is interested in subtler topics, but he doesn't feel inclined to translate the wisdom heard or read.

The impulse for transformation comes from the inner, without an outer compulsion: The soul is calling. The call is resounding from the centre of the I AM.

Through inner purity, order of lifestyle and activities of good will the light, the love and the will of the soul can be received better and better. Meditation and prayer help in this.



Awakening into Truth

The presence of higher intelligences makes the higher possibilities of development awaken in us.

The teachers, the Masters of Wisdom, also called the elder brothers of humanity or the Hierarchy, can show us the direction.

They can lead us from the unreal to the real, since they have tread the path themselves.

They know our problems from their own experience, because they have gone through similar experiences as we do.

They have got help from their masters. Thus they have awakened to the truth and have become representatives of wisdom.



Helping with Awakening

When we are ready to work on us, they can also begin to help us with awakening.



A Mystery

The entire mystery of awakening cannot be completely understood by our consciousness.

Even the most sacred scriptures don't succeed in describing their mysteries completely, they rather have to be experienced.

The great masters of the planet look at the dawn full of amazement and are captivated by its beauty.





These presentations can be spread and used for making the Wisdom Teachings accessible to interested people.

The pictures were given us by friends or were taken by us.

You can find the presentations for download on the website www.good-will.ch under „Publications“.

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